# **DINNERLY**



## Thai Coconut Beef Curry with Rice





If you have 30 minutes, you have time to make this meal. It comes together faster than it would take to wait for a delivery! We took inspiration from Thai cuisine for this one—using coconut milk and red curry paste to fast-track a rich curry broth in no time. Combined with tender beef strips, bell peppers, and fluffy rice, it's your new go-to, better-than-takeout dinner. We've got you covered!

#### WHAT WE SEND

- 5 oz jasmine rice
- 1 bell pepper
- 1 oz scallions
- · coconut milk powder 7,15
- ½ lb beef strips 6,12
- 1 oz Thai red curry paste (use 1 Tbsp)<sup>6</sup>

#### WHAT YOU NEED

- · coarse salt
- sugar
- neutral oil

#### **TOOLS**

- · small saucepan
- · medium nonstick skillet

#### **ALLERGENS**

Soy (6), Milk (7), Sulphur dioxide and sulphites (12), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 700kcal, Fat 33g, Carbs 68g, Proteins 30g



#### 1. Cook rice

In a small saucepan, combine rice, 1½ cups water, and a pinch of salt; bring to a boil. Cover and cook over low until rice is tender and water is absorbed, about 17 minutes. Remove from heat and let sit, covered, for at least 5 minutes.



#### 2. Prep ingredients

Halve pepper, remove stem and seeds, then cut into 1-inch pieces. Trim scallions, then thinly slice. In a liquid measuring cup, whisk together 1 cup water, 2 teaspoons sugar, and coconut milk powder.



### 3. Cook peppers

Heat 2 teaspoons oil in a medium nonstick skillet over medium-high. Add peppers and a pinch of salt to skillet and cook, stirring occasionally, until crisp-tender and browned in spots, about 3 minutes. Transfer peppers to a bowl and wipe out skillet.



#### 4. Cook beef

Heat 1 tablespoon oil in same skillet over high. Add beef to skillet; cook, without stirring, 1 minute. Break into large 2-inch pieces and continue to cook, stirring once or twice, until browned and cooked through, 2-4 minutes. Add 1 tablespoon Thai red curry paste and half of the scallions; cook until fragrant, 30 seconds. Add coconut milk and a pinch of salt and stir.



5. Finish & serve

Bring the **sauce** to a boil, scraping up any browned bits from the bottom of skillet. Add **bell peppers**, reduce heat to mediumhigh, and simmer until sauce has reduced slightly and peppers are tender, 5–7 minutes. Fluff **rice** with a fork and serve with **Thai Beef Coconut Curry** spooned over top and garnish with **remaining scallions**. Enjoy!



6. Top it off!

Top the curry with chopped peanuts, fresh cilantro, and a squeeze of lime.