DINNERLY



Teriyaki Beef Noodle Stir-Fry

with Snow Peas





Who said you have to order the same old take-out or microwave a bland frozen meal to get dinner on the table in less than 30 minutes? Not us! And, every slurp of these teriyaki rice noodles with tender beef and crisp snow peas proves it! We've got you covered!

WHAT WE SEND

- · 2 oz snow peas
- garlic (use 1 large clove)
- 1 oz fresh ginger
- 7 oz pkg stir-fry noodles (use ²/₃)
- 1/2 lb shaved steak 6,17
- 1 pkt teriyaki sauce 1,6
- toasted sesame seeds ¹¹

WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil

TOOLS

- · large saucepan
- medium nonstick skillet

ALLERGENS

Wheat (1), Soy (6), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 650kcal, Fat 31g, Carbs 62g, Proteins 30g



1. Prep ingredients

Bring a large saucepan of **salted water** to a boil. Trim ends from **snow peas**, then cut in half crosswise. Finely chop **1 teaspoon garlic**. Peel and finely chop **1 tablespoon ginger**.



2. Boil noodles

Add % of the rice noodles to boiling water (save rest for own use). Cook, stirring occasionally to prevent sticking, until just tender, 4–12 minutes. Drain noodles and rinse under warm water. Set aside until step 5.



3. Cook beef

Meanwhile, heat 1½ tablespoons oil in a medium nonstick skillet over high. Add beef to skillet, breaking up into large 2-inch pieces. Cook, stirring once or twice, until browned all over and cooked through 3–5 minutes.



4. Add snow peas

Add snow peas, chopped garlic and ginger, and a pinch of salt to beef in skillet. Cook, stirring, until snow peas are crisptender, 1–2 minutes.



5. Finish & serve

Add teriyaki sauce and cooked noodles to beef and snow peas in skillet. Reduce heat to medium, and cook, tossing to combine, until noodles are warmed through and sauce is coating the noodles, about 1 minute. Season to taste with salt and pepper. Serve teriyaki beef noodle stir-fry with sesame seeds sprinkled over top. Enjoy!



6. Veggie foot forward!

Add sauté sliced mushrooms and bell peppers to the snow peas in step 4. Then, top it all off with sliced scallions.