



Hearty Breakfast: Cheddar Cheese Biscuits

with Bacon, Arugula & Scallion Cream Cheese



40-50min



2 Servings

We've taken our B.E.C game to the next level with this hearty breakfast sandwich. A flaky homemade cheddar-scallion biscuit is topped with a runny fried egg, smoky bacon, and arugula salad. A smear of garlicky-scallion cream cheese ties it all together. We would gladly wake up early to tuck into this hearty breakfast, even on the weekend. (2-person plan makes 4 sandwiches; 4-person plan makes 8 sandwiches)

What we send

- 1 bunch scallions
- 2 pkts cream cheese ⁷
- 3 pieces cheddar ⁷
- 10 oz self-rising flour (use 2 cups) ¹
- garlic
- 4 oz pkg thick-cut bacon
- 3 oz arugula
- 1 oz Buffalo sauce

What you need

- $\frac{3}{4}$ cup milk ⁷
- apple cider vinegar (or white wine vinegar)
- 6 Tbsp unsalted butter ⁷
- kosher salt & ground pepper
- 4 large eggs ³

Tools

- rimmed baking sheet
- large nonstick skillet

Allergens

Wheat (1), Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 670kcal, Fat 44g, Carbs 49g, Protein 22g



1. Prep ingredients

Preheat oven to 450°F with a rack in the center. In a liquid measuring cup, combine $\frac{3}{4}$ cup milk and 2 teaspoons vinegar. Trim scallions, then thinly slice. Transfer $\frac{1}{4}$ cup dark scallion greens to a small bowl, then add cream cheese; set aside to soften. Coarsely chop or grate all of the cheddar. Place 2 tablespoons butter in a microwave-safe bowl; microwave until melted.



4. Mix toppings

While biscuits bake, finely grate 1 teaspoon garlic into bowl with scallions and softened cream cheese; stir to combine. Season to taste with salt and pepper. In a medium bowl, whisk to combine 2 tablespoons oil and 1 tablespoon vinegar. Season to taste with salt and pepper.



2. Make dough

In a large bowl, combine 2 cups self-rising flour and $\frac{1}{2}$ teaspoon salt. Cut 4 tablespoons cold butter into $\frac{1}{2}$ -inch cubes; rub butter into dry ingredients with your fingers until it is in pea-sized pieces. Add cheddar, milk-vinegar mixture, and remaining scallions; stir until just combined, but still crumbly. On a lightly floured surface, gently knead dough together.



5. Cook bacon

Place bacon in a large nonstick skillet. Set skillet over medium-high heat and cook until fat is rendered and bacon is crisp, 3-4 minutes per side. Transfer bacon to a paper towel-lined plate, reserving fat in skillet. Heat skillet over medium-high. Crack in 4 large eggs (careful hot fat may splatter); season with salt and pepper.



3. Shape & bake biscuits

Fold dough in half, then gently flatten layers together; slightly rotate dough and repeat 4-5 times. Pat into a 6- x 6-inch square, about 1-inch thick; cut into 4 squares. Place biscuits on a rimmed baking sheet; brush with half of the melted butter. Bake on center oven rack until golden-brown, 15-20 minutes. Brush with remaining melted butter. Transfer to a wire rack to cool slightly.



6. Fry eggs & serve

Cook eggs over medium-high heat until edges are light brown and crispy, and whites are just set, 1-2 minutes. Cover and cook until yolks are just set, about 1 minute. Add arugula to bowl with dressing; toss to coat. Halve biscuits, spread with cream cheese, then top with salad, bacon, and fried eggs. Serve with Buffalo sauce, if desired. Enjoy!