

DINNERLY



Seared Steak & Roasted Broccoli with Lemon-Pastrami Butter



30min



2 Servings

We're raising the steaks! Pan-seared ranch steaks are smothered in pastrami-spiced butter, which means you can have a restaurant-quality meal from the comfort of your own couch. Roasted broccoli so everyone feels good. 10/10, job well done (but not the steaks, we like ours medium-rare). We've got you covered!

WHAT WE SEND

- ½ lb broccoli
- 1 medium red onion
- 1 lemon
- pastrami spice blend (use 2 tsp)
- 2 (4 oz) pkgs ranch steaks

WHAT YOU NEED

- butter ⁷
- olive oil
- kosher salt & ground pepper

TOOLS

- rimmed baking sheet
- microplane or grater
- medium skillet

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 550kcal, Fat 41g, Carbs 18g, Proteins 29g



1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Set **2 tablespoons butter** out to soften in a small bowl. Trim stem ends from **broccoli**, then cut crowns into 1-inch florets. Halve **onion**, then cut into ½-inch thick slices through the root end.



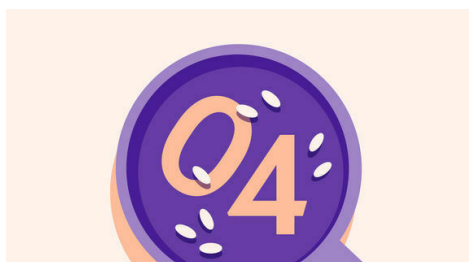
2. Roast veggies

On a rimmed baking sheet, toss **broccoli** and **onions** with **2 tablespoons oil**; season with **salt** and **pepper**. Roast on upper oven rack until veggies are well browned and tender, about 12 minutes (watch closely as ovens vary).



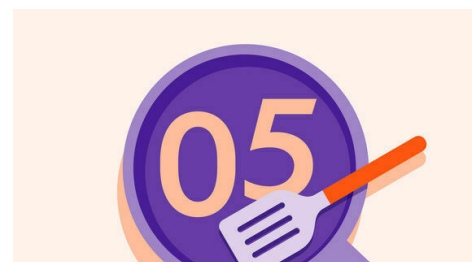
3. Make pastrami butter

Meanwhile, finely grate **lemon zest** and squeeze **2 teaspoons lemon juice** into bowl with **softened butter**. Add **2 teaspoons pastrami spice**; using a fork, mash to combine. Season to taste with **salt** and **pepper**. Cut any **remaining lemon** into wedges.



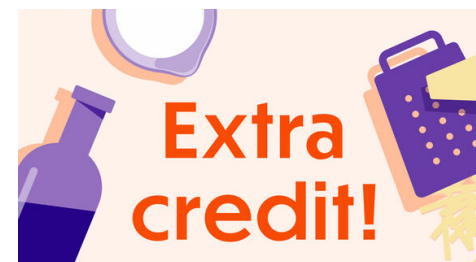
4. Cook steaks

Pat **steaks** dry, then season all over with **salt** and **pepper**. Heat **1 tablespoon oil** in a medium skillet over medium-high. Add steaks and cook until well browned and medium-rare, 2–3 minutes per side (or longer for desired doneness). Transfer to plates, then top each with **some of the pastrami butter**; let rest for 5 minutes.



5. Serve

Serve **steak** alongside **roasted broccoli and onions** with **any remaining pastrami butter** and **any lemon wedges** on the side for squeezing over top, if desired. Enjoy!



6. Carbo-load!

Be a dinnertime hero and pass a crunchy loaf of bread around the table—it's the perfect vessel for soaking up the melted pastrami butter and any steak juices.