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French Dip Burger with Black Pepper Jus:

Gastropub at Home



30-40min 2 Servings

The French Dip might just be one of the most satisfying sandwiches out there—it's warm, super savory and full of meaty flavor. Well, we just made it better, by combining it with another American classic, the cheeseburger. Beef patties are topped with fontina cheese and are served on a toasted potato bun with a savory, peppery jus on the side for dipping.

What we send

- 2 russet potatoes
- 1 shallot
- 1 pkt beef broth concentrate
- 10 oz grass-fed ground beef
- 2 oz shredded fontina 7
- 2 potato buns ¹
- 3 oz arugula

What you need

- · olive oil
- kosher salt & ground pepper
- all-purpose flour 1
- red wine vinegar
- ketchup

Tools

- rimmed baking sheet
- medium skillet
- small saucepan

Allergens

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1200kcal, Fat 83g, Carbs 84g, Proteins 46g



1. Roast potatoes

Preheat oven to 450°F with a rack in the lower third. Scrub **potatoes**, halve lengthwise, and cut into ½-inch thick wedges. On a rimmed baking sheet, toss potatoes with **2 tablespoons oil** and season with **salt** and **pepper**; spread in an even layer. Roast on lower oven rack, without stirring, until golden and crisp, about 25 minutes.



2. Cook shallots

Halve and thinly slice **all of the shallot**; finely chop **2 tablespoons shallots**. Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **sliced shallots** and **a pinch each of salt and pepper**; cook, stirring, until golden brown and softened, 3-4 minutes. Transfer shallots to a small bowl. Reserve skillet for step 4.



3. Make broth

Heat 1 tablespoon oil in a small saucepan over medium-high. Add chopped shallots; cook, stirring, until softened, about 2 minutes. Whisk in 1 tablespoon flour, and cook, about 1 minute. Slowly whisk in 1½ cups water, beef broth concentrate, and ½ teaspoon pepper. Bring to a simmer; cook until slightly thickened and reduced to ¾ cup, about 7 minutes.



4. Make burgers

Shape **beef** into 2 (5-inch) patties. Season all over with **salt** and **pepper**. Heat **1 tablespoon oil** in reserved skillet over high until very hot. Add **burgers** and cook until well browned on one side, about 3 minutes.



5. Add cheese & toast buns

Flip **burgers** and top with **cheese**; cover and cook, 2-3 minutes more, or until just medium-rare (or longer for desired doneness). Transfer burgers to a plate. Add **1 teaspoon oil** to same skillet, if dry. Add **buns**, cut side down, and toast until lightly browned, about 30 seconds (watch closely).



6. Make salad & serve

In a medium bowl, whisk to combine 2 tablespoons oil, 1 tablespoon vinegar, and a pinch each of salt and pepper.

Toss arugula with vinaigrette. Place burgers on buns and top with caramelized shallots and a squeeze of ketchup, if desired. Serve burgers alongside salad and potatoes, with broth on the side for dipping as you go. Enjoy!