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Mediterranean Turkey Meatloaf

with Feta Mashed Potatoes & Green Beans





30-40min 2 Servings

This is not your mother's meatloaf! We've infused the all-American favorite with punchy Mediterranean flavors and ingredients, for a new take on a classic. Ground turkey is combined with chopped garlic, panko, and Italian seasoning, then formed into individual loaves and roasted. We serve the loaves with a flavorful relish of sundried tomatoes and balsamic, alongside creamy, feta-studded mashed potatoes and crisp green beans.

What we send

- 21 oz Yukon gold potatoes
- ½ lb green beans
- garlic
- 10 oz ground turkey
- 1 oz panko ^{1,6}
- ¼ oz Italian seasoning
- 2 oz sun-dried tomatoes 17
- 3 oz feta cheese 7
- 2 oz sour cream ⁷

What you need

- kosher salt & ground pepper
- 1 large egg ³
- · olive oil
- balsamic vinegar (or red wine vinegar)
- sugar

Tools

- medium saucepan
- rimmed baking sheet
- potato masher or fork

Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 920kcal, Fat 46g, Carbs 89g, Proteins 53g



1. Boil potatoes

Preheat oven to 450°F with a rack in the upper third. Peel **potatoes**, then cut into 1-inch pieces. Place in a medium saucepan. Add enough **salted water** to cover by 1 inch. Cover and bring to a boil over high heat; uncover and cook until easily pierced with a fork, 10-12 minutes. Reserve **¼ cup cooking water**. Drain and return potatoes to saucepan off the heat. Cover to keep warm.



2. Prep ingredients

Meanwhile, trim stem ends from green beans. Finely chop 2 teaspoons garlic. In a medium bowl, knead gently to combine ground turkey, panko, 1 large egg, 1 teaspoon chopped garlic, 1 teaspoon Italian seasoning, ½ teaspoon salt, and a few grinds of pepper.



3. Roast meatloaves

Toss green beans with 2 teaspoons oil on a rimmed baking sheet; season with salt and pepper. Form meatloaf mixture into 2 (4-inch) long oval patties. Place meatloaves on baking sheet between green beans. Roast on upper oven rack until just firm to the touch and cooked to 165°F internally, about 15 minutes.



4. Make relish

While meatloaves roast, finely chop sundried tomatoes. In a small bowl, stir to combine sun-dried tomatoes, ½ teaspoon chopped garlic, 1 tablespoon oil, 1 teaspoon vinegar, and ½ teaspoon sugar. Season to taste with salt and pepper.



5. Mash feta potatoes

Return saucepan with **potatoes** to medium heat. Add **remaining chopped garlic** and cook, stirring frequently, until pale and any liquid is evaporated, about 2–3 minutes. Using a potato masher or fork, mash potatoes with **all of the feta cheese and sour cream** and **reserved cooking water** until smooth. Season to taste with **salt** and **pepper**.



6. Serve

Serve meatloaves with feta mashed potatoes and green beans alongside.

Spoon sun-dried tomato relish over top of meatloaves. Enjoy!