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Miso-Glazed Chicken Stir-Fry

with Leeks, Snow Peas & Jasmine Rice





20-30min 2 Servings

Miso is a Japanese paste made from fermented soybeans, mixed with salt and rice or barley-it adds a deep umami flavor to dishes. Here we use our white miso sauce as a savory coating for a quick chicken stir-fry complete with leeks with crisp snow peas. It's served over fragrant jasmine rice and topped with toasted sesame seeds for a flavorful bite that rivals take-out.

What we send

- 1 oz rice vinegar
- 1.8 oz white miso 1,4,6
- ½ lb pkg chicken breast strips
- 1 oz fresh ginger
- 5 oz jasmine rice
- 4 oz snow peas
- 7 oz leek
- 3 oz baby spinach
- ¼ oz pkt toasted sesame seeds ¹¹

What you need

- neutral oil
- sugar
- kosher salt & ground pepper

Tools

- small saucepan
- medium skillet

Allergens

Wheat (1), Fish (4), Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 720kcal, Fat 28g, Carbs 88g, Proteins 37g



1. Marinate chicken

In a medium bowl, combine 1½ tablespoons each of rice vinegar and miso sauce, 2 teaspoons oil, 1 teaspoon sugar, and a few grinds of pepper. Pat chicken dry. Add chicken to bowl with marinade and turn to coat. Set chicken aside to marinate until step 5. Finely chop 1 tablespoon peeled ginger.



2. Cook rice

Heat **2 teaspoons oil** in a small saucepan over medium. Add **2 teaspoons of the chopped ginger**; cook, stirring, until fragrant, about 1 minute. Add **rice**, **1**½ **cups water**, and ½ **teaspoon salt** Bring to a boil. Cover and cook over low heat until rice is tender and water is absorbed, about 17 minutes. Remove from heat and keep covered until ready to serve.



3. Prep veggies

Trim ends from **snow peas**. Halve **leeks** lengthwise, then rinse under running water to remove any grit. Pat leeks dry, then cut crosswise into ½-inch half moons.



4. Stir-fry veggies

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **leeks** and **a pinch each of salt and pepper**. Cook, stirring, until tender, about 4 minutes. Add **snow peas**, **remaining chopped ginger**, and **1 teaspoon oil**. Cook, stirring, until veggies are crisp-tender, about 2 minutes. Transfer to a bowl. Return skillet to stovetop.



5. Stir-fry chicken

Heat **1 tablespoon oil** in same skillet over medium-high. Add **chicken and marinade**; cook, stirring occasionally, until chicken is browned in spots and cooked through, about 3 minutes.



6. Finish & serve

Add spinach, leeks, snow peas, and 3 tablespoons water to skillet with chicken. Cook, stirring, until spinach is wilted, about 2 minutes. Remove from heat; stir in ½ teaspoon each of rice vinegar and miso. Season to taste with salt and pepper. Fluff rice with a fork. Serve chicken, veggies and any pan juices over rice. Garnish with sesame seeds. Enjoy!