



Beef Stroganoff

with Buttery Egg Noodles & Carrots



30-40min



2 Servings

Hearty beef stroganoff is a classic comfort food. The velvety sauce is typically made with sour cream for a tangy lift to the rich sauce. And no stroganoff could be complete without meaty mushrooms, tender egg noodles, and vibrant dill.

What we send

- 1 medium yellow onion
- ½ lb white mushrooms
- 1 carrot
- ¼ oz fresh dill
- 10 oz pkg grass-fed ground beef
- 1 pkt beef broth concentrate
- 6 oz egg noodles ^{1,3}
- 2 (1 oz) sour cream ⁷

What you need

- kosher salt & ground pepper
- olive oil
- all-purpose flour ¹
- butter ⁷

Tools

- medium pot
- large skillet

Allergens

Wheat (1), Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 970kcal, Fat 52g, Carbs 84g, Proteins 44g



1. Prep ingredients

Bring a medium pot of **salted water** to a boil. Finely chop **onion**. Trim and discard **mushroom** stems, then thinly slice **caps**. Trim and discard ends from **carrot**, then scrub and thinly slice crosswise. Finely chop **dill fronds and stems** together.



4. Make sauce

Add **beef broth concentrate** and **1 cup water**. Cook, stirring occasionally, until liquid is reduced by about half, 3-5 minutes.



2. Brown beef

In a large skillet, heat **1 tablespoon oil** over medium-high until shimmering. Add **beef** and season with **salt** and **pepper**. Cook, breaking up large pieces with a spoon, until browned, 3-5 minutes.



5. Boil noodles & carrots

While **sauce** cooks, add **egg noodles** and **carrots** to the pot of boiling water. Cook, stirring occasionally, until noodles are al dente and carrots are tender, about 8 minutes. Drain well, and return to pot. Toss with **1 tablespoon butter** and season to taste with **salt** and **pepper**.



3. Sauté onions & mushrooms

Add **onions, mushrooms**, and **half of the dill** to skillet. Cook over medium-high, stirring, until mushrooms are browned and onions are tender, 5-7 minutes. Sprinkle with **2 teaspoons flour**. Cook, stirring, until **flour** coats ingredients, about 1 minute.



6. Finish & serve

Stir **all of the sour cream** into skillet with **beef and mushrooms**. Season to taste with **salt** and **pepper**. Serve **beef stroganoff** over **egg noodles and carrots**, garnished with **remaining dill**. Enjoy!