DINNERLY



Lemon-Pepper Pork Tenderloin

with Roasted Broccoli & Garlic Butter



20-30min 2 Servings



Knock, knock. Who's there? Justin. Justin who? Justin time for dinner. A zesty, lemony roasted pork tenderloin dinner to be exact. We've got you covered!

WHAT WE SEND

- garlic
- · 1 lemon
- · ½ lb broccoli
- · 10 oz pkg pork tenderloin
- 1 pkt turkey broth concentrate

WHAT YOU NEED

- butter ⁷
- kosher salt & ground pepper
- · olive oil

TOOLS

- · microplane or grater
- rimmed baking sheet
- medium skillet

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 430kcal, Fat 27g, Carbs 8g, Proteins 41g



1. Prep ingredients

Preheat oven to 450°F with a rack in the center.

Finely chop ¼ teaspoon garlic. In a small bowl, use a fork to combine chopped garlic and 1 tablespoon butter; set aside for step 4.

Finely grate 1½ teaspoons lemon zest into a separate small bowl, then stir in ½ teaspoon salt and several grinds of pepper; set aside for step 3.



2. Prep & roast broccoli

Trim ends from **broccoli**, then cut crowns into 1-inch florets, if necessary. On a rimmed baking sheet, toss broccoli with 1 **tablespoon oil** and season with **salt** and **pepper**. Push broccoli to one side of baking sheet. Roast on center oven rack until barely tender, about 5 minutes.



3. Brown pork

Pat pork dry, then rub lemon zest mixture all over. Heat 2 teaspoons oil in a medium skillet over medium-high. Add pork and cook until browned all over, 2–3 minutes per side. Add pork to empty side of baking sheet next to broccoli.



4. Roast pork & broccoli

Roast **pork and broccoli** on center oven rack until broccoli is tender and browned in spots and pork reaches 145°F internally, 6–8 minutes. Carefully toss broccoli with **half of the garlic butter** .

Melt **remaining garlic butter** in same skillet over medium-high.



5. Make pan sauce & serve

Stir turkey broth concentrate into same skillet, scraping up any browned bits. Squeeze in 2 teaspoons lemon juice, then whisk in 3/3 cup water; bring to a boil. Cook until reduced, 2–3 minutes. Season to taste with salt and pepper.

Thinly slice **pork** and serve with **pan sauce** spooned over top. Serve **roasted broccoli** and **any remaining pan sauce** alongside for dipping. Enjoy!



6. Fries with that?

Make oven-roasted potato wedges or even simple baked potatoes as a side to help soak up the delicious garlic butter!

Questions about the recipe? Cooking hotline: 888-267-2850 (Mon - Fri 9AM-9PM)

View the recipe online by visiting your account at dinnerly.com
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