MARLEY SPOON



Hoisin Chicken Cutlets

with Buttery Rice Noodles & Bok Choy





Hoisin sauce is made up of soy beans, ketchup, maple syrup, red chiles, garlic, vinegar, and Chinese five spice. It truly is a chameleon of a condiment! In this recipe, it's lightly brushed onto thin chicken cutlets, which rest atop silky rice noodles coated in the most addictive sauce of butter and tamari. Sesame seeds are sprinkled on top for a nice finish.

What we send

- 1 oz scallions
- ½ lb baby bok choy
- 12 oz boneless, skinless chicken breasts
- ½ oz toasted sesame oil 2
- 7 oz stir-fry rice noodles (use ²/₃)
- 2 (½ oz) tamari in fishshaped pods ³
- 2 oz hoisin sauce ^{2,3,4}
- toasted sesame seeds²

What you need

- · kosher salt &pot pepper
- butter 1
- · neutral oil

Tools

- medium pot
- meat mallet (or heavy skillet)
- colander
- medium skillet

Allergens

Milk (1), Sesame (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 870kcal, Fat 33g, Carbs 97g, Protein 48g



1. Prep ingredients

Bring a medium pot of **salted water** to a boil. Trim ends from **scallions**, then thinly slice on an angle, keeping dark greens separate. Reserve 2 tablespoons scallion dark greens in a small bowl for step 6. Cut **bok choy** lengthwise into 1-inch wedges; rinse well to remove any grit.



2. Pound chicken

Pat **chicken** dry and, using a meat mallet or heavy skillet, pound to an even ½-inch thickness. Rub with **1 teaspoon of the sesame oil** and season with **¼ teaspoon each salt and pepper**. Set aside until step



3. Blanch bok choy

Add **bok choy** to boiling water and cook until just wilted, 1-2 minutes. Using a slotted spoon or tongs, transfer to a colander to drain. Shake out excess water from bok choy and pat dry. Return water in pot to a boil.



4. Cook noodles

Add ¾ of the noodles to pot (save rest for own use). Cook, stirring, until tender, 4-7 minutes. Reserve ¼ cup cooking water, then drain noodles and rinse with lukewarm water; return to pot. Add all of the tamari, 1 tablespoon butter, ½ teaspoon sesame oil, and scallion light greens and whites. Stir in 2 tablespoons of the cooking water. Remove from heat.



5. Cook chicken

Meanwhile, heat **1 tablespoon neutral oil** in a medium skillet over medium-high until shimmering. Add **bok choy** and cook, turning once or twice, until browned in spots, 2-3 minutes. Transfer to a platter; cover to keep warm. Add **1 tablespoon oil** to skillet. Add **chicken** and cook, turning once, until lightly browned and nearly cooked through, 2-3 minutes per side.



6. Finish & serve

Mix hoisin with ½ teaspoon of the sesame oil and remaining noodle cooking water and add to skillet. Cook over low heat, turning, until chicken is glazed with sauce, about 2 minutes. Serve noodles with chicken and bok choy. Drizzle pan sauce over chicken. Sprinkle all with sesame seeds and reserved scallion dark greens. Enjoy!