MARLEY SPOON



Most Loved Recipe:

Falafel Gyro & Fries with Tahini & Arugula





You don't have to order from your favorite Middle Eastern spot to get a tasty falafel gyro. We make it easy to replicate this scrumptious sandwich at home thanks to pre-made falafel, warm pita, and homemade tahini sauce. But what we love most is that the deliciousness doesn't stop there! We serve ours with crispy oven fries and a peppery arugula salad for a dinner-worthy plate.

What we send

- 2 russet potatoes
- 1 shallot
- 1 plum tomato
- garlic
- 1 lemon
- 3 oz arugula
- 1 oz tahini 1
- 1 oz sour cream ²
- 2 Mediterranean pitas 1,3,4
- ½ lb falafel

What you need

- olive oil
- kosher salt & ground pepper
- white wine vinegar (or red wine vinegar)
- sugar

Tools

- · rimmed baking sheet
- medium nonstick skillet

Allergens

Sesame (1), Milk (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 960kcal, Fat 46g, Carbs 119g, Protein 27g



1. Bake potatoes

Preheat oven to 450°F with a rimmed baking sheet on the lower oven rack. Scrub **potatoes**; cut into ¼-inch thick fries. In a large bowl, toss potatoes with **1½ tablespoons oil** and **a pinch each of salt and pepper**. Carefully place potatoes on preheated baking sheet. Bake until tender and golden brown, about 30 minutes, flipping potatoes after 20-25 minutes. Season immediately with **salt**.



2. Prep ingredients

Thinly slice **shallot**, then separate into rings. Cut **tomato** into ½-inch pieces; transfer to a small bowl and season with **a pinch each of salt and pepper**. Finely chop ½ **teaspoon garlic**. Squeeze ½ **tablespoon lemon** into a large bowl, then add **arugula**, 1 **tablespoon oil**, and **a pinch of salt**; toss to combine. Cut any remaining lemon into wedges.



3. Pickle shallots

In a small bowl, toss **shallots** with **1 tablespoon vinegar** and **a pinch each of sugar and salt**. Set aside to pickle until ready to serve.



4. Prep lemon-tahini sauce

Squeeze 2 tablespoons lemon juice from wedges into a small bowl. Add chopped garlic, tahini, sour cream, and 1-2 tablespoons water; stir until combined. Season to taste with salt and pepper.



5. Fry falafel

Wrap **pita** in foil and place in oven to warm while you fry **falafel**. Shape falafel into 8 equal-sized balls, if necessary. Heat **3 tablespoons oil** in a medium nonstick skillet over medium-high. Add falafel and cook, turning occasionally, until browned all over, about 5 minutes. Transfer to a paper towel-lined plate; sprinkle with **a pinch of salt**.



6. Assemble & serve

Thin lemon-tahini sauce with 1-2 teaspoons water, if necessary (should be able to drizzle sauce). Pile some of the arugula on pita and top with tomatoes and falafel. Drizzle sauce over and top with some of the pickled shallots. Serve remaining arugula and oven fries alongside with any lemon wedges for squeezing over top. Enjoy!