# **DINNERLY**



# Bean & Cheese Tamale Pie:

Easy Clean Up!





Tamales are really fun to eat, but not always fun to make. Unless you're feeling energetic and have some serious time on your hands—which, on a weeknight, is the opposite of us. Enter this loaded skillet bake with a rich, savory black bean filling and cheesy cornmeal "crust" that'll give you all the tamale feels, without all the dirty dishes. We've got you covered!

#### **WHAT WE SEND**

- 1 oz scallions
- 14 oz can whole peeled tomatoes
- · 15 oz can black beans
- · 1/4 oz taco seasoning
- 5 oz cornbread mix 1,2,3,4
- 2 (2 oz) shredded cheddarjack blend<sup>2</sup>

#### WHAT YOU NEED

- garlic
- · neutral oil
- kosher salt & ground pepper
- sugar

#### **TOOLS**

· medium ovenproof skillet

#### **ALLERGENS**

Egg (1), Milk (2), Soy (3), Wheat (4). May contain traces of other allergens.

Packaged in a facility that packages gluten containing products.

### **NUTRITION PER SERVING**

Calories 770kcal, Fat 39g, Carbs 80g, Protein 28g



## 1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Finely chop 1 teaspoon garlic. Trim ends from scallions, then thinly slice on an angle, keeping dark greens separate. Using kitchen shears, cut tomatoes directly in can until finely chopped. Drain and rinse beans.



#### 2. Cook beans

Heat 1 tablespoon oil in a medium ovenproof skillet over medium-high. Add chopped garlic and scallion whites and light greens; cook, stirring, until fragrant, about 1 minute. Add beans, tomatoes, 2½ teaspoons taco seasoning, and a few grinds of pepper. Bring to a boil and cook until liquid is slightly reduced, 2–3 minutes. Remove from heat and cover to keep warm.



3. Prep cornbread & bake

In a medium bowl, whisk to combine ½ cup cornbread mix, 1 tablespoon sugar, and ½ teaspoon salt. Whisk in 1 tablespoon oil and ½ cup water (mixture will be runny). Pour evenly over beans (it's ok if it doesn't reach edges of skillet).

Bake on upper oven rack until **cornbread crust** is set, about 10 minutes.



4. Finish & serve

Remove skillet from oven and switch oven to broil. Sprinkle all of the cheddar evenly over cornbread crust. Broil on upper oven rack until crust is browned and cheddar is melted, 1–3 minutes (watch closely as broilers vary).

Garnish black bean and cheese tamale pie with dark scallion greens. Enjoy!



What were you expecting, more steps?



You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!