



Fast! Corn & Cheddar Quesadillas

with Meat-Free "Beef" & Fire-Roasted Salsa



ca. 20min



2 Servings

Whether it's meatless Monday or meatless every day in your home, we found a way to create the perfect quesadillas in a flash. We combine plant-based ground with corn and taco seasoning, then stuff the mixture into flour tortillas with shredded cheese. It's toasted under the broiler for that signature crispness without the stovetop mess. Guacamole and roasted tomato salsa on the side turn this 20-minute meal into a party plate!

What we send

- 1 plum tomato
- 1 lime
- 1 jalapeño chile
- ½ lb pkg plant-based ground ^{1,6,15}
- ¼ oz taco seasoning
- 5 oz corn
- 6 (6-inch) flour tortillas ^{1,6}
- 2 (2 oz) shredded cheddar-jack blend ⁷
- 2 oz guacamole

What you need

- olive oil
- kosher salt & ground pepper
- garlic

Tools

- rimmed baking sheet
- medium nonstick skillet

Allergens

Wheat (1), Soy (6), Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1110kcal, Fat 68g, Carbs 84g, Protein 49g



1. Prep & broil ingredients

Preheat broiler with a rack in the top position. Halve **tomato** lengthwise. Squeeze **all of the lime juice** into a small bowl. Add **tomatoes (cut side up), whole jalapeño,** and **1 large unpeeled garlic clove** to a rimmed baking sheet. Drizzle tomatoes with **oil**. Broil on top rack until charred in spots, 5-10 minutes (watch closely). Remove from oven, cool until step 4.



4. Assemble quesadillas

Brush one side of each **tortilla** generously with **oil**. Lay tortillas on baking sheet, oiled side down. Spoon **plant-based ground and corn mixture** onto 1 half of each tortilla, then top with **cheddar-jack cheese**. Fold to close.



2. Brown plant-based ground

Meanwhile, heat **1 tablespoon oil** in a medium nonstick skillet over medium-high. Crumble **plant-based ground** in large pieces into skillet. Add **taco seasoning** and **3 tablespoons water**. Cook, stirring occasionally, until water is mostly evaporated and plant-based ground is browned, about 4 minutes. Remove from heat, stir in **corn** and **6 tablespoons water**.



5. Broil quesadillas

Broil **quesadillas** on top rack until **cheese** is melted and quesadillas are golden brown, rotating baking sheet and carefully flipping quesadillas halfway through, 1-2 minutes per side (watch closely). Let stand for 5 minutes, then cut into wedges, if desired. Serve **quesadillas** with **guacamole** and **salsa** alongside.



3. Make salsa

Coarsely chop **broiled tomatoes**. Peel and finely chop **broiled garlic clove**. Thinly slice **jalapeño** (or less, depending on heat preference). To bowl with **lime juice**, add **tomatoes, jalapeños, garlic,** and **2 tablespoons oil**; toss to combine. Season to taste with **salt**.



6. Serve

Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM)

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