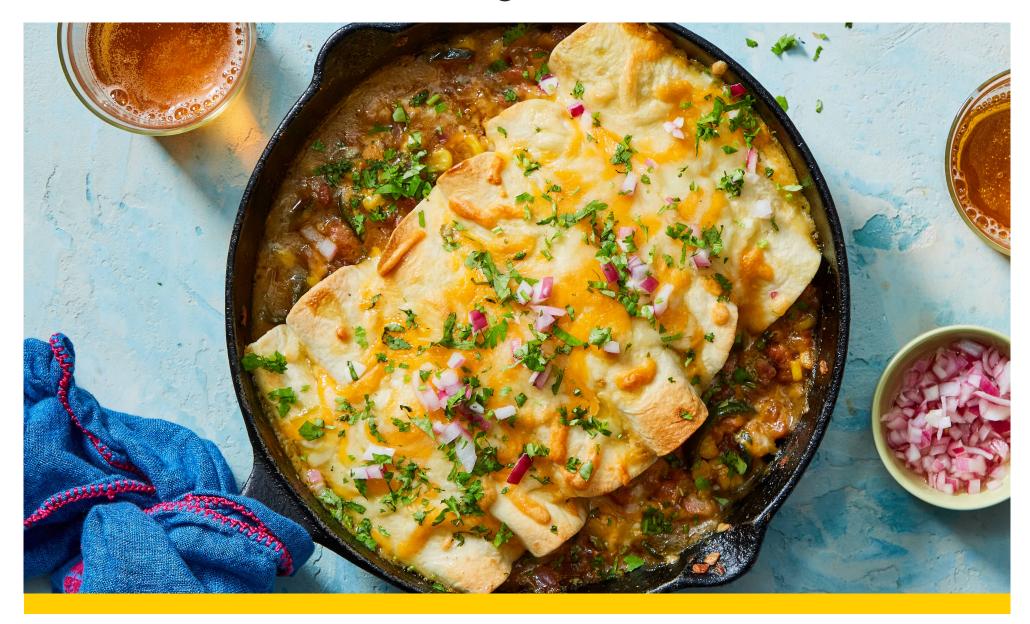
# MARLEY SPOON



# **Corn & Poblano Enchiladas**

with Pickled Onions





Our vegetable enchiladas pack a ton of flavor thanks to sweet corn, mild poblano chiles, and protein-rich pinto beans. We roll this hearty filling in flour tortillas and coat them in pre-made enchilada sauce for a quick dinner fix. The result is a cheesy, one-skillet supper that's sure to please meat-eaters and vegetarians alike.

#### What we send

- 1 red onion
- 1 poblano pepper
- 15 oz can pinto beans
- 1/4 oz fresh cilantro
- 5 oz corn
- ¼ oz taco seasoning
- 2 (4 oz) green enchilada sauce 1,2
- 2 (2 oz) shredded cheddarjack blend <sup>3</sup>
- 6 (6-inch) flour tortillas 1,2

# What you need

- apple cider vinegar (or red wine vinegar)
- sugar
- kosher salt & ground pepper
- neutral oil

#### **Tools**

- medium (10") ovenproof skillet
- · microwave

#### **Cooking tip**

No microwave? Heat a small skillet over medium-high and cook tortillas, 1 at a time, until warmed, 30 seconds per side, stacking and wrapping in foil or a kitchen towel to keep warm.

#### **Allergens**

Soy (1), Wheat (2), Milk (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 760kcal, Fat 33g, Carbs 92g, Protein 31g



#### 1. Pickle onions

Preheat oven to 425°F with a rack in the center.

Finely chop **onion**. In a small bowl, stir to combine ¼ **cup of the chopped onions**, 1 **tablespoon vinegar**, 1 **teaspoon sugar**, and ¼ **teaspoon salt** 

Set onions aside to pickle until step 6, stirring occasionally.



## 2. Prep ingredients

Halve **poblano pepper**, discard stem and seeds, then thinly slice.

Drain **beans**, then rinse well.

Finely chop **cilantro leaves and stems**.



## 3. Cook filling

Heat **2 teaspoons oil** in a medium ovenproof skillet over medium-high. Add **peppers** and **remaining chopped onions**; season with **salt** and **pepper**. Cook, stirring, until softened and browned in spots, 5-6 minutes. Stir in **beans, corn**, and **taco seasoning**. Cook until filling is warmed through, about 1 minute.

Transfer to a bowl. Reserve skillet for step 5.



# 4. Finish filling

To bowl with **filling**, stir in **3 tablespoons** of the enchilada sauce and half each of the cheese and chopped cilantro until combined.

Wrap **tortillas** in a damp kitchen towel; microwave on high until warm, about 1 minute.



#### 5. Assemble enchiladas

Lightly drizzle reserved skillet with **oil**. Arrange **tortillas** on a work surface. Divide filling evenly among tortillas (about ½ cup each). Roll up tightly and arrange, seam-side down, in skillet. Top with **remaining enchilada sauce and cheese**. Bake on center oven rack until browned and bubbling, 15-18 minutes (watch closely).



6. Serve

Let stand for 5 minutes before serving.

Garnish corn and poblano enchiladas with remaining chopped cilantro and some of the pickled onions. Pass remaining pickled onions at the table. Enjoy!