

# DINNERLY



## Almond Granola Yogurt Bowl with Mango



40-50min



2 Servings

You could just open a container of yogurt and eat that for breakfast...or you could give yourself the breakfast you deserve without much added effort. We're making yogurt parfaits topped with juicy mango and homemade almond granola for a perfectly sweet, creamy, crunchy treat. We've got you covered!

## WHAT WE SEND

- 3 oz oats
- 1 oz salted almonds <sup>15</sup>
- 1 oz maple syrup
- 1 mango
- 2 (4 oz) Greek yogurt <sup>7</sup>

## WHAT YOU NEED

- 1 large egg <sup>3</sup>
- neutral oil
- kosher salt
- sugar (optional)

## TOOLS

- rimmed baking sheet
- parchment paper

## ALLERGENS

Egg (3), Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 580kcal, Fat 27g, Carbs 70g, Protein 24g



### 1. Mix granola

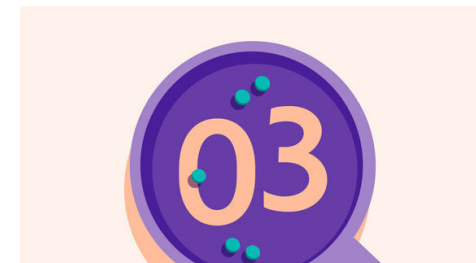
Preheat oven to 325°F with a rack in the center. Line a rimmed baking sheet with parchment paper.

In a medium bowl, whisk 1 **large egg white** until frothy. Add **oats**, **almonds**, **maple syrup**, **2 tablespoons oil**, and **¼ teaspoon salt**; mix until combined.



### 2. Bake granola

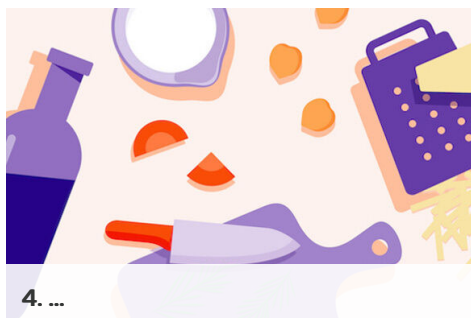
Transfer **oats** to prepared baking sheet; press into a ½-inch thick layer. Bake on center oven rack until lightly browned and dry, 30–35 minutes. Let cool to room temperature. Break into clumps.



### 3. Prep mango & serve

Cut thin slices from ends of **mango**. Stand upright on one end and cut off skin from top to bottom. Cut down along sides of pit to remove flesh. Trim around pit to remove any remaining flesh. Cut flesh into ½-inch pieces; discard pit and skin. Whisk ½–1 **tablespoon sugar** into **yogurt**, if desired.

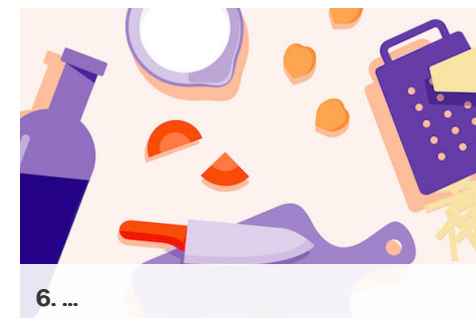
Serve **yogurt bowls** with **mango** and **granola**. Enjoy!



What were you expecting, more steps?



You're not gonna find them here!



Kick back, relax, and enjoy your Dinnerly!