



Blue Cheese Plant-Based Burger & Onion Jam

with Oven Fries & Garlic Aioli



40-50min



2 Servings

| This version of the recipe is customized with plant-based ground.

What we send

- 2 Yukon gold potatoes
- 1 yellow onion
- 2 oz dark brown sugar
- ½ oz tamari ⁶
- 4 oz mayonnaise ^{3,6}
- 2 (2 oz) blue cheese crumbles ⁷
- 1 romaine heart
- ½ lb pkg plant-based ground ^{1,6,15}
- 2 potato buns ^{1,7,11}

What you need

- neutral oil
- kosher salt & ground pepper
- unsalted butter ⁷
- balsamic vinegar (or red wine vinegar)
- garlic

Tools

- rimmed baking sheet
- medium heavy skillet (preferably cast-iron)
- microplane or grater

Cooking tip

Make a slight depression in the center of the patties before cooking to prevent the burgers from puffing up.

Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sesame (11), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1440kcal, Fat 105g, Carbs 88g, Protein 42g



1. Bake fries

Preheat oven to 450°F with a rack in the lower third. Scrub **potatoes**, then cut into ¼-inch thick fries. On a rimmed baking sheet, toss potatoes with **1½ tablespoons oil**; season with **salt and pepper**. Spread in an even layer and roast on lower oven rack until golden and crisp, 30-35 minutes.



4. Prep ingredients

While **onions** cook, finely grate **½ teaspoon garlic** into a small bowl. Mix in **mayonnaise**; season lightly with **salt and pepper**. In another small bowl, mash together **blue cheese** and **half of the garlic aioli** until spreadable and lightly chunky. Halve **lettuce**; thinly slice 1 half (save rest for own use).



2. Start onion jam

Halve and thinly slice **onion**. In a medium heavy skillet, heat **1 tablespoon butter** over medium-high until foaming. Add onions and **a pinch of salt**. Cover and cook, stirring occasionally, until onions have wilted down and halved in volume, 1-2 minutes. Uncover, lower heat to medium-low and cook, stirring occasionally, until onions are golden brown and soft, 10-12 minutes.



5. Toast buns

Form **plant-based ground** into 2 (4-inch wide) patties; season both sides with **salt and pepper**.

Heat **2 tablespoons butter** in reserved skillet over medium. Add **buns**, cut side down; swirl around skillet to absorb butter. Cook until light golden brown and toasted, 1-2 minutes. Remove from skillet; wipe skillet clean.



3. Finish onion jam

If **onions** start getting too dark, deglaze with **1 tablespoon water**, scrape, and continue cooking. Once onions are soft and golden brown, add **1 tablespoon each brown sugar and balsamic vinegar**, and **2 teaspoons tamari**. Cook until onions have a jam-like consistency, 2-3 minutes longer. Transfer to a bowl. Wash skillet and reserve for step 5.



6. Cook burgers

Heat **1 tablespoon oil** in skillet until lightly smoking. Add **burgers** and cook until browned and cooked through, 2-3 minutes per side.

Spread **onion jam** on **bottom buns**. Top with **burger, blue cheese spread**, and **lettuce**. Serve with **fries** and **remaining garlic aioli**. Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM)

View the recipe online by visiting your account at marleyspoon.com    **#marthaandmarleyspoon**