

DINNERLY



Crispy Kung Pao Tofu with Brown Rice & Broccoli



20-30min



2 Servings

Tofu, or not tofu? If that's the question, then we have the answer! Here we're crisping it up under the broiler, creating the ideal texture for soaking up a splash of KUNG and a hit of PAO in this sweet and savory tamari sauce. Served with broccoli and jasmine rice, then sprinkled with salty peanuts, this easy dinner ticks every box. Even meat lovers will be "soy" happy. We've got you covered!

WHAT WE SEND

- 5 oz quick-cooking brown rice
- 1 pkg extra-firm tofu ⁶
- 1 oz fresh ginger
- ½ lb broccoli
- 2 oz tamari soy sauce ⁶
- ¼ oz granulated garlic
- 1 oz salted peanuts ⁵

WHAT YOU NEED

- kosher salt & ground pepper
- sugar
- all-purpose flour ¹
- apple cider vinegar (or white wine vinegar)
- neutral oil

TOOLS

- rimmed baking sheet
- small saucepan
- medium skillet

ALLERGENS

Wheat (1), Peanuts (5), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 750kcal, Fat 28g, Carbs 88g, Protein 43g



1. Cook rice

Preheat broiler with a rimmed baking sheet on the top rack.

Bring a small saucepan of **salted water** to a boil over high heat. Add **rice** and boil (like pasta!), stirring occasionally, until just tender, about 22 minutes. Drain in a fine-mesh sieve. Return to saucepan off heat. Keep covered until ready to serve.



2. Prep ingredients

Meanwhile, tear **tofu** into 1-inch pieces, then transfer to a paper towel-lined plate and pat dry. Peel and finely chop **1 tablespoon ginger**. Cut **broccoli** into 1-inch florets, if necessary. In a small bowl, whisk to combine **tamari**, **¼ cup water**, **2 tablespoons sugar**, **2 teaspoons each of flour and vinegar**, and **½ teaspoon granulated garlic**.



3. Broil tofu

Drizzle hot baking sheet with **oil**, then add **tofu**; season with **salt** and **pepper** and drizzle with additional **oil**. Broil on top oven rack until browned, about 10 minutes. Move tofu to one half of the baking sheet; add **broccoli** to other half. Drizzle **broccoli** with **oil** and season with **salt** and **pepper**. Broil until crisp-tender and lightly charred, about 5 minutes.



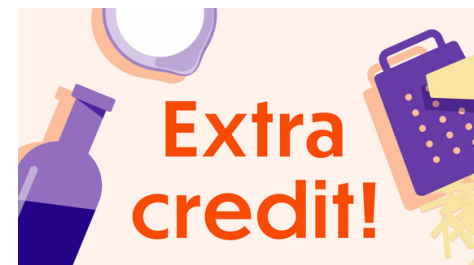
4. Make sauce

Meanwhile, add **chopped ginger** to a medium skillet along with **1 tablespoon oil**. Cook over medium-high, stirring, until fragrant, 1–2 minutes. Add **tamari mixture** and bring to a simmer. Cook, stirring, until slightly thickened and glossy, 2–3 minutes.



5. Finish & serve

Coarsely chop **peanuts**. Add **tofu** and **broccoli** to skillet with **sauce**, tossing to coat. Serve **kung pao tofu** and **broccoli** over **rice** with **peanuts** sprinkled over the top. Enjoy!



6. Spice it up!

Bring the heat by mixing in Thai sweet chili sauce, Sriracha, or finely chopped serrano pepper to the tamari sauce mixture in step 2.