DINNERLY



Plant-Based Ground Sloppy Joe Shepherd's Pie

with Mashed Potato Topping



30-40min 2 Servings



WHAT WE SEND

- · 2 russet potatoes
- · 1 red onion
- 1 green bell pepper
- · 2 oz barbecue sauce
- ½ lb pkg plant-based ground 1,6,15

WHAT YOU NEED

- kosher salt & ground pepper
- ¼ cup ketchup
- apple cider vinegar (or red wine vinegar)
- sugar
- · neutral oil
- · 2 Tbsp butter ⁷

TOOLS

- · medium saucepan
- · large ovenproof skillet
- · potato masher or fork

ALLERGENS

Wheat (1), Soy (6), Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 760kcal, Fat 39g, Carbs 78g, Protein 24g



1. Boil potatoes

Peel potatoes, then cut into 1-inch pieces. Place in a medium saucepan with enough salted water to cover by 1 inch. Cover and bring to a boil. Cook, uncovered, until tender when pierced with a fork, about 10 minutes. Reserve ¼ cup cooking water. Drain and return potatoes to saucepan off heat; cover to keep warm until step 4.



2. Prep veggies & sauce

Meanwhile, cut **onion** into ½-inch pieces. Halve **pepper**, discard stem and seeds, then cut into ½-inch pieces.

In a small bowl, stir to combine barbecue sauce, ¼ cup ketchup, 2 teaspoons each of vinegar and water, and 1 teaspoon sugar; season to taste with salt and pepper.



3. Cook beef filling

Heat 1 tablespoon oil in a large ovenproof skillet over medium-high. Add onions, peppers, and a pinch each of salt and pepper; cook until softened, 3–4 minutes.

Add plant-based ground; cook, breaking up into small pieces, until cooked through, 3–5 minutes. Stir in sauce mixture; cook until slightly reduced, 1 minute.



4. Mash potatoes

Preheat broiler with top rack 6 inches from heat source. Return saucepan with potatoes to medium heat. Add reserved cooking water and 2 tablespoons butter. Mash with a potato masher or fork until smooth. Season to taste with salt and pepper.



5. Broil & serve

Dollop mashed potatoes over filling in skillet, spreading into an even layer. Broil on top oven rack until filling is bubbling and mashed potatoes are browned in spots, about 5 minutes (watch closely as broilers vary).

Let sloppy joe shepherd's pie sit for 5 minutes before serving. Enjoy!



6. Take it to the next level

For a bump of bright aromatics, stir dried spices or herbs into the beef filling (we like oregano, rosemary, and thyme!) in step 3.