

DINNERLY



Kung Pao Plant-Based Meatballs with Peppers & Peanuts



20-30min



2 Servings

If there's one word that perks up our ears and gets our stomachs rumbling, it's "meatball." And if you slap "kung pao" in front of it, we'll come running. Tossed in a garlicky stir-fry sauce, these plant-based meatballs couldn't pair better with sautéed peppers, crisp scallions, and crunchy peanuts. We've got you covered!

WHAT WE SEND

- 5 oz jasmine rice
- 2 scallions
- 1 bell pepper
- 1 oz salted peanuts ⁵
- 1 oz panko ¹
- 2 (3 oz) stir-fry sauce ^{1,6}
- ½ lb pkg Impossible patties ⁶

WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper
- garlic
- distilled white vinegar (or vinegar of your choice)
- sugar

TOOLS

- rimmed baking sheet
- small saucepan
- medium nonstick skillet

ALLERGENS

Wheat (1), Peanuts (5), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 860kcal, Fat 30g, Carbs 113g, Protein 32g



1. Cook rice

Preheat broiler with a rack in the upper third. Lightly oil a rimmed baking sheet.

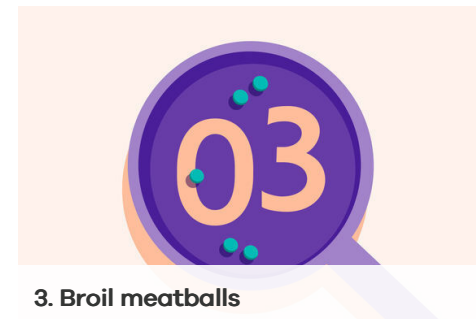
In a small saucepan, combine **rice, 1¼ cups water, and ½ teaspoon salt**; bring to a boil over high heat. Reduce heat to low, cover, and cook until rice is tender and water is absorbed, about 17 minutes. Keep covered off heat until ready to serve.



2. Prep ingredients

Trim ends from **scallions**; thinly slice, keeping dark greens separate. Halve **pepper**. Discard stem and seeds; thinly slice. Finely chop **2 teaspoons garlic**. Use rolling pin or mallet to crush **peanuts**.

Crumble **Impossible patties** into a medium bowl. Add **scallion whites and light greens, half the chopped garlic, ⅓ cup panko, salt, and a few grinds of pepper**. Mix to combine.



3. Broil meatballs

Shape **plant-based ground mixture** into **12 meatballs**, about 1 tablespoon each. Transfer to prepared baking sheet, spaced at least ½-inch apart. Drizzle with **oil**.

Broil on upper oven rack until just starting to brown and heated through, 5–8 minutes (watch closely as broilers vary).



4. Cook peppers

Meanwhile, heat **2 teaspoons oil** in a medium nonstick skillet over medium-high. Add **peppers and a pinch each of salt and pepper**; cook, stirring occasionally, until browned and crisp-tender, about 5 minutes.

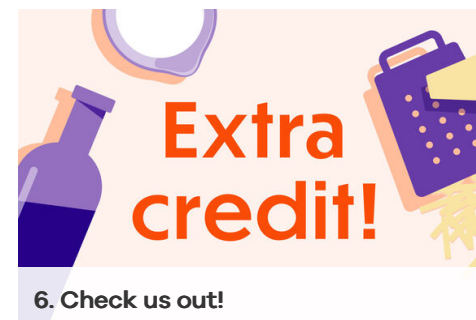
In a small bowl, stir to combine **all of the stir-fry sauce, remaining chopped garlic, 2 tablespoons water, 2 teaspoons each of oil and vinegar, and ½ teaspoon sugar**.



5. Finish & serve

To skillet with **peppers**, stir in **stir-fry sauce mixture and meatballs**; cook, tossing, until well coated and sauce is slightly thickened, 1–2 minutes. Fluff **rice** with a fork.

Serve **kung pao meatballs and peppers** over **rice** with **peanuts and scallion dark greens** over top. Enjoy!



6. Check us out!

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