

# DINNERLY



## Teriyaki Plant-Based Ground & Pepper Stir-Fry

with Rice Noodles & Lime



20-30min



2 Servings

Wanna know some of our favorite hobbies? Let's see, there's cooking noodles, slurping noodles, thinking about noodles...basically we're really into noodles. But can you blame us when they're mixed with saucy plant-based ground and peppers and a bright squeeze of lime? A taste of this dish might make you as noodle-obsessed as we are. We've got you covered!

## WHAT WE SEND

- 1 green bell pepper
- 1 lime
- 2 oz teriyaki sauce <sup>1,6</sup>
- ½ oz tamari soy sauce <sup>6</sup>
- 5 oz pad Thai noodles
- ½ lb pkg Impossible patties <sup>6</sup>

## WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- garlic

## TOOLS

- medium saucepan
- medium nonstick skillet

## ALLERGENS

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 700kcal, Fat 32g, Carbs 76g, Protein 29g



### 1. Prep ingredients & sauce

Bring a medium saucepan of **salted water** to a boil.

Halve **pepper**, discard stem and seeds, and cut into thin strips. Finely chop **2 teaspoons garlic**.

Into a small bowl, squeeze **2 teaspoons lime juice**; cut any remaining lime into wedges. Add **teriyaki, tamari**, and **¼ cup water**, stirring to combine. Reserve for step 5.



### 4. Cook plant-based ground

Heat **2 teaspoons oil** in same skillet over medium-high. Add **plant-based ground** and **a pinch each of salt and pepper**. Cook, stirring and breaking up into smaller pieces, until browned, 3–4 minutes.



### 2. Cook noodles

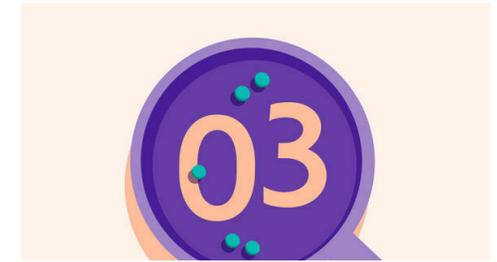
Add **noodles** to saucepan with boiling **salted water**; cook, stirring occasionally to prevent sticking, until al dente, 6–8 minutes. Drain noodles, rinse under cold water, then toss with **1 teaspoon oil**. Reserve for step 5.



### 5. Finish & serve

To skillet with **plant-based ground**, add **chopped garlic, noodles, peppers**, and **teriyaki mixture**. Cook, tossing frequently, until noodles are warmed through and coated in sauce, 1–2 minutes.

Serve **teriyaki plant-based ground and pepper stir-fry** with **any lime wedges** alongside for squeezing over top. Enjoy!



### 3. Cook peppers

While **noodles** cook, heat **2 teaspoons oil** in a medium nonstick skillet over medium-high. Add **peppers** and cook until softened and browned in spots, about 5 minutes. Transfer to a bowl.



### 6. Did you know?

In 2020, as a part of our carbon offsetting efforts, we completed an afforestation project in Uruguay, which planted 44,000 new trees to help fight climate change.