



Cheesy Veggie Melts

with Oven Fries

💍 30-40min 🔌 2 Servings

Is a veggie melt basically a grilled cheese with your daily dose of veggies snuck in? If so, we're not complaining. Roasted broccoli, onion, and red peppers are always a welcome addition to the cheesy sandwich family. We've got you covered!

WHAT WE SEND

- 2 potatoes
- 1/2 lb broccoli
- 1 yellow onion
- 2 ciabatta rolls ^{1,2}
- 2 (2 oz) shredded cheddarjack blend ³
- 4 oz roasted red peppers

WHAT YOU NEED

- olive oil
- kosher salt & ground pepper

TOOLS

• 2 rimmed baking sheets

ALLERGENS

Soy (1), Wheat (2), Milk (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING Calories 890kcal, Fat 45g, Carbs 100g,

Protein 29g



1. Bake fries

Preheat oven to 450°F with racks in the upper and lower thirds.

Scrub **potatoes**, then cut lengthwise into ¼-inch thick fries. Toss on a rimmed baking sheet with **2 tablespoons oil** and season with **salt** and **pepper**. Roast on lower oven rack until tender and browned in spots, 20–25 minutes.



4. Toast rolls

Split **rolls** and place cut-side up on same baking sheet. Broil on upper oven rack until toasted, 1–3 minutes (watch closely as broilers vary).



2. Prep veggies

Cut **broccoli** into ½-inch florets, if necessary. Thinly slice **onion** crosswise and separate into rings.

Place onions on one half of a second rimmed baking sheet; toss with 1 tablespoon oil. On open side, toss broccoli with ½ tablespoon oil. Season veggies with salt and pepper.



5. Broil & serve

Sprinkle half of the cheese over toasted rolls, then top with broccoli, roasted peppers, and onions. Sprinkle remaining cheese over top. Broil until cheese is melted and browned in spots, 1–3 minutes (watch closely).

Serve cheesy veggie melts with oven fries alongside. Enjoy!



3. Roast onions & broccoli

Roast on upper oven rack, stirring **onions** occasionally, until onions are deeply golden and **broccoli** is tender and browned in spots, about 15 minutes. Transfer to a plate and switch oven to broil.



6. Make it your own!

Top your veggie melts with a few dashes of your favorite hot sauce, some sliced avocado, a drizzle of ranch dressing—or whatever you like!

Extra