



Pumpkin French Toast Bake

with Cinnamon-Sugar Pecans



1,5h



2 Servings

We put a cozy spin on a classic breakfast staple that couldn't be easier to put together! Here we combine buttery artisan buns with creamy pumpkin spice custard with cinnamon sugar candied pecans sprinkled on top. Assemble the French toast the night before and bake in the morning for a quick and easy sweet breakfast treat. (2p-plan serves 4; 4p-plan serves 8—nutrition reflects 1 slice)

What we send

- 3 oz mascarpone ¹
- 4 artisan buns ^{2,1,3,4}
- 5 oz granulated sugar
- 15 oz can pumpkin purée
- ¼ oz ground cinnamon
- 3 oz pecans ⁵
- 2½ oz confectioners' sugar
- 2 (1 oz) maple syrup

What you need

- unsalted butter ¹
- 4 large eggs ²
- kosher salt

Tools

- medium baking dish (or 10-inch ovenproof skillet)
- rimmed baking sheet

Allergens

Milk (1), Egg (2), Soy (3), Wheat (4), Tree Nuts (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 900kcal, Fat 47g, Carbs 114g, Protein 19g



1. Prep ingredients

Preheat oven to 350°F with a rack in the center.

Set **mascarpone** out to soften at room temperature.

Lightly **butter** the bottom and sides of a medium baking dish (or 10-inch ovenproof skillet).

Cut **2 tablespoons butter** into small pieces; reserve for step 3. Cut **3 buns** into 1-inch thick slices (save rest for own use).



4. Prep candied pecans

In a medium bowl, whisk **1 large egg white** (save yolk for own use), **remaining granulated sugar**, **¼ teaspoon cinnamon**, and **a pinch of salt** until frothy, about 2 minutes. Add **pecans** and stir to evenly coat (mixture will be runny). Pour all over **French toast**.



2. Mix pumpkin custard

In a medium bowl, combine **softened mascarpone**, **3 large eggs**, **⅓ cup granulated sugar**; whisk until smooth. Whisk in **1¼ cups water**, **¾ cup pumpkin purée** (save rest for own use), **1 teaspoon cinnamon**, and **½ teaspoon salt** (mixture will not be smooth).



5. Bake French toast

Place baking dish on a rimmed baking sheet and bake on center oven rack until **French toast** is puffed, browned, and set in the middle, about 1 hour.



3. Assemble French toast

Arrange **sliced bread** in an even layer in prepared baking dish. Pour **custard** over top, then use your hands or a rubber spatula to gently press bread down to absorb custard. Scatter **reserved butter pieces** over top.



6. Garnish & serve

Let **French toast** sit for 10 minutes, then dust with **confectioners' sugar** and drizzle with **maple syrup** before serving. Enjoy!