MARLEY SPOON



Cucumber & Shiitake Mushroom Stir-Fry

with Udon Noodles & Cashews



The trick to the perfect stir-fry is finding the right balance of flavor and texture. Here we combine fresh udon noodles with a sweet and savory tamari-sesame sauce. Stir-fried shiitake mushrooms add an umami-meatiness, and wait for it, cucumbers! Forget being "cool as a cucumber," quickly cooking the cukes pulls out some of the moisture, giving a fresh, satisfying crunch to this stir-fry.

What we send

- 1 cucumber
- 2 scallions
- 1 oz fresh ginger
- garlic
- 2 (2 oz) shiitake mushrooms
- ½ oz toasted sesame oil 11
- 2 (½ oz) tamari soy sauce 6
- 10 oz fresh udon noodles 1
- 1 lime
- 1 oz salted cashews 15

What you need

- · kosher salt & ground pepper
- neutral oil
- sugar
- white wine vinegar (or apple cider vinegar) ¹⁷

Tools

- medium pot
- rimmed baking sheet
- large nonstick skillet

Allergens

Wheat (1), Soy (6), Sesame (11), Tree Nuts (15), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 560kcal, Fat 32g, Carbs 60g, Protein 12g



1. Prep cucumber

Bring a medium pot of **salted water** to a boil. Trim **cucumber**, peel, halve lengthwise, and cut crosswise into ¼-inch thick slices. Line a rimmed baking sheet with paper towels. Transfer cucumber slices to prepared baking sheet in a single layer; sprinkle with **salt**. Let cucumbers stand at room temperature for 5 minutes.



2. Prep ingredients

Trim **scallions**, then thinly slice. Peel and finely chop **half of the ginger** (save rest for own use). Finely chop **2 large garlic cloves**. Remove and discard stems from **shiitake mushrooms**, then thinly slice caps. Press a second sheet of paper towel on top of **cucumbers** and soak up as much water as possible.



3. Make sauce & cook noodles

In a small bowl, combine chopped garlic, sesame oil, all of the tamari, 1 tablespoon neutral oil, 2½ teaspoons sugar, 1 teaspoon vinegar, and ½ teaspoon salt; set sauce aside until step 5. Add noodles to boiling water and cook, stirring to separate, until just tender, about 2 minutes. Drain and rinse noodles, then drain again and set aside in colander.



4. Start stir-fry

Heat 1 tablespoon neutral oil in a large nonstick skillet over high. Stir in all but 2 tablespoons of the scallions; cook until fragrant, about 30 seconds. Add mushrooms and a pinch of salt; cook, stirring, until softened and browned, about 3 minutes. Add cucumbers, chopped ginger, and ½ tablespoon neutral oil; cook, stirring, until browned in spots, about 3 minutes more.



5. Finish stir-fry

Reduce skillet heat to medium, then stir in sauce. Add noodles and cook, stirring often, until noodles are coated in sauce and warmed through, about 1 minute. Season to taste with salt and pepper.



6. Finish & serve

Cut **lime** into wedges. Coarsely chop cashews. Serve noodles and cucumbers with cashews on top. Garnish with remaining scallions and a sprinkle of crushed red pepper, if desired. Serve with **lime wedges** on the side for squeezing over. Enjoy!