



Actual Veggies™ Black Bean Burger

with Sweet Potato Fries & Dijonnaise



30min



2 Servings

We know veggie burgers get a bad rap, but not when it's an Actual Veggies burger! Their winning combination includes black beans, onion, carrot, and red peppers. We serve these hearty patties on toasted potato buns with homemade Dijonnaise, crisp lettuce, and juicy tomatoes. A side of oven-fries and boom, we have an all-veggie, crave-worthy pub-style burger platter.

What we send

- 2 sweet potatoes
- 1 plum tomato
- 1 romaine heart
- 1 pkt Dijon mustard ¹⁷
- 2 oz mayonnaise ^{3,6}
- 2 potato buns ^{1,7,11}
- Actual Veggies black burger

What you need

- olive oil
- kosher salt & ground pepper

Tools

- rimmed baking sheet
- medium nonstick skillet

Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 940kcal, Fat 44g, Carbs 124g, Protein 20g



1. Roast sweet potato fries

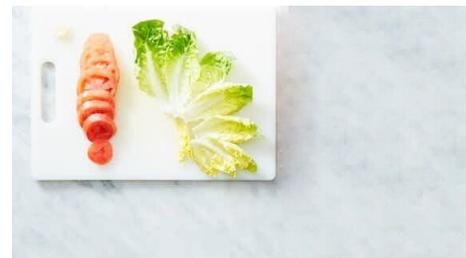
Preheat oven to 425°F with a rack in the lower third.

Scrub **sweet potatoes**; cut lengthwise into ¼-inch thick slabs, then cut each slab into ¼-inch thick sticks. Toss on a rimmed baking sheet with **1 tablespoon oil**; season with **salt** and **pepper**. Roast on lower oven rack until golden brown and tender, flipping halfway through, 25-30 minutes.



4. Cook black burgers

Heat **2 teaspoons oil** in same skillet over medium-high. Add **black burgers** and cook, turning once, until browned, 2-3 minutes per side (add ½ tablespoon oil after flipping if skillet is too dry).



2. Prep ingredients

Cut **tomato** crosswise into ¼-inch thick rounds; sprinkle with **a pinch of salt**. Separate **lettuce leaves**.

In a small bowl, stir to combine **Dijon mustard** and **mayonnaise**. Season to taste with **salt** and **pepper**.



5. Finish & serve

Spread **some of the Dijonnaise** on **top buns**. On **bottom buns**, stack **burger**, **lettuce**, and **tomatoes**.

Serve **black bean burger** with **sweet potato fries** and remaining **Dijonnaise** alongside. Enjoy!



3. Toast buns

Heat **1 tablespoon oil** in a medium nonstick skillet over medium-high. Split **buns** and add to skillet, cut side down. Cook until lightly toasted, 1-2 minutes. Transfer to plates.



6. Rate your plate!

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