MARLEY SPOON



Cold Peanut Noodle Salad

with Pickled Veggies





A noodle salad is the best kind of salad. We quickly boil egg noodles until just tender, then we toss them in a peanut buttery sauce with crisp bell peppers and cucumbers.

What we send

- 1 bell pepper
- 2 scallions
- 1 cucumber
- 1 piece fresh ginger
- 2 (½ oz) tamari soy sauce 4
- 1.15 oz peanut butter ²
- 1 oz tahini ³
- 2 (2½ oz) Chinese egg noodles ^{1,5}
- 1 oz salted peanuts ²

What you need

- kosher salt & ground pepper
- apple cider vinegar (or white wine vinegar)
- sugar

Tools

large pot

Allergens

Egg (1), Peanuts (2), Sesame (3), Soy (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 540kcal, Fat 24g, Carbs 82g, Protein 14g



1. Prep ingredients

Bring a large pot of water to a boil.

Halve **pepper**, discard stem and seeds, then cut into ½-inch-thick strips. Cut **cucumber** into ½-inch thick planks (peel if desired), then halve crosswise and cut into thin matchsticks.

Trim **scallions**, then thinly slice, keeping dark greens separate. Peel and finely chop **1 teaspoon ginger**.



2. Pickle vegetables

In a medium bowl, whisk to combine 1 tablespoon vinegar, ½ teaspoon salt, a few grinds of pepper, and a pinch of sugar.

Add **cucumbers**, **peppers**, and **scallion whites and light greens**; toss to combine. Set aside to pickle until step 5.



3. Make peanut sauce

In a large bowl, whisk to combine **all of** the tamari, peanut butter, tahini, chopped ginger, 1½ tablespoons sugar, and 1 tablespoon vinegar until very smooth.



4. Cook noodles

Add **noodles** to pot with **boiling water** and cook, stirring to prevent clumping, until al dente, 4-5 minutes. Reserve 1/4 cup cooking water, then drain.



5. Sauce noodles & veggies

Whisk reserved cooking water into bowl with peanut sauce. Add noodles and pickled vegetables; toss well to coat. Season to taste with salt and pepper.



6. Chop peanuts & serve

Coarsely chop peanuts.

Serve **noodles and vegetables** topped with **chopped peanuts** and **scallion dark greens**. Enjoy!