

DINNERLY



Low-Carb Vegetarian Nicoise Salad with Fingerling Potatoes



under 20min



2 Servings

When we say this nicoise salad rocked our world, we're not exaggerating. Our veggie take on the classic French salad is one of the best ways to get your greens (and your olives, tomatoes, fingerling potatoes, and hard boiled eggs). Stir together your own Dijon mustard vinaigrette and you're well on your way to a salad worth (c)raving about. We've got you covered!

WHAT WE SEND

- ½ lb fingerling potatoes
- ½ lb green beans
- 1 plum tomato
- 1 head butter lettuce
- 1 oz Kalamata olives
- ¼ oz Dijon mustard

WHAT YOU NEED

- kosher salt & ground pepper
- 2 large eggs ¹
- white wine vinegar (or red wine vinegar)
- sugar
- olive oil

TOOLS

- small saucepan
- medium saucepan

ALLERGENS

Egg (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 620kcal, Fat 50g, Carbs 32g, Protein 12g



1. Prep veggies

Bring a small saucepan of **salted water** to a boil over high.

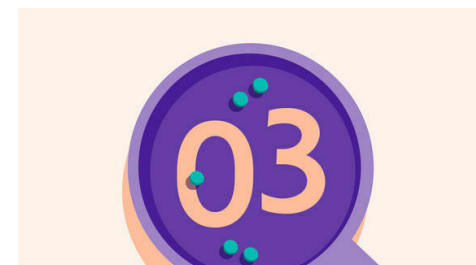
Scrub **potatoes**, then cut in half lengthwise. Trim **green beans**. Cut **tomato** into 1-inch pieces. Trim stem end from **lettuce** and separate leaves. Cut **olives** in half, if desired.



2. Boil eggs

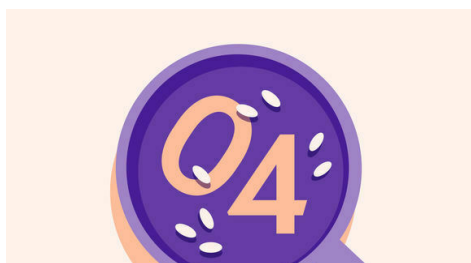
Carefully lower **2 large eggs** into saucepan with boiling **salted water**. Cover, lower heat to medium-low, and simmer until hard boiled, 10 minutes.

Fill a medium bowl with **ice water**; carefully add eggs. Let cool for 5 minutes, then peel and cut each egg into 4 wedges.



3. Cook potatoes & beans

While **eggs** cook, to a medium saucepan, add **potatoes** with enough **salted water** to cover by 1 inch. Bring to a boil over high heat; cook until tender and easily pierced with a fork, 5–7 minutes. Add **green beans**; cook until crisp-tender, 1–2 minute more. Drain and rinse under cold water, then drain well again.



4. Make vinaigrette

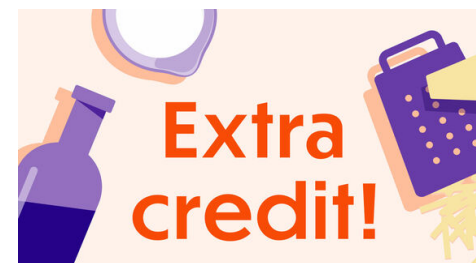
In a small bowl, whisk together **Dijon**, **2 tablespoons vinegar**, and **1 teaspoon sugar**. Whisking constantly, slowly add **6 tablespoons oil** until smooth and well combined. Season to taste with **salt** and **pepper**.



5. Assemble & serve

Arrange **lettuce**, **tomatoes**, **olives**, **eggs**, **potatoes**, and **green beans** on plates or a platter. Season lightly with **salt** and **pepper**.

Serve **nicoise salad** with **vinaigrette** drizzled over top. Enjoy!



6. Make it meaty!

We made this a vegetarian meal on purpose, but if you have carnivores at the table, check out our protein packs! Grill some chicken breast to serve on the side, or cut into strips and toss into the salad.