MARLEY SPOON



Fast! Impossible Bibimbap

with Mushrooms & a Fried Egg on Top





Is it possible to get dinner on the table in 20 minutes without sacrificing flavor? Yes! The trick to a speedy weeknight meal is working smarter not harder. Here we put pre-cooked rice and crumbled Impossible patties to work. Flavorpacked ingredients like gochujang, a spicy Korean red chili paste, umami-rich mushrooms, spinach, and sesame seeds add layers of complexity to this seemingly simple bowl.

What we send

- ½ oz tamari soy sauce 6
- 1 oz gochujang 6
- 2 oz shiitake mushrooms
- 5 oz baby spinach
- ¼ oz pkt toasted sesame seeds ¹¹
- 10 oz ready to heat jasmine rice
- garlic
- ½ lb pkg Impossible patties 6

What you need

- sugar
- apple cider vinegar (or white wine vinegar)
- neutral oil
- kosher salt & ground pepper
- 2 large eggs ³

Tools

- medium nonstick skillet
- microwave

Cooking tip

No microwave? Bring a small pot of salted water to a boil. Add rice and cook until grains are warmed through, about 2 minutes. Drain well, fluff rice with a fork, and cover to keep warm.

Allergens

Egg (3), Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 860kcal, Fat 48g, Carbs 76g, Protein 34g



1. Prep plant-based ground

Finely chop 1 teaspoon garlic.

Crumble Impossible patties into a medium bowl. Stir in 2 teaspoons tamari, 1 teaspoon each of sugar, vinegar, and oil, and ½ teaspoon each of the garlic and gochujang. Set aside to marinate at room temperature until step 4.



2. Prep ingredients

Remove and discard stems from mushrooms, then thinly slice caps. In a small bowl, stir to combine remaining gochujang and tamari, 1 tablespoon water, and 2 teaspoons sugar. Set gochujang sauce aside until step 4. Transfer rice to a microwave-safe bowl and season with salt. Cover and microwave on high until warm, 1–2 minutes; cover to keep warm.



3. Sauté mushrooms & spinach

Heat **1 tablespoon oil** in a medium nonstick skillet over high. Add **mushrooms** and cook, stirring occasionally, until browned and tender, 2-3 minutes. Season with **salt** and **pepper**. Add **spinach** and **remaining garlic**; cook, stirring, until spinach is wilted, about 1 minute. Stir in **half of the sesame seeds**. Transfer to a bowl and cover to keep warm until ready to serve.



4. Cook plant-based ground

Heat **2 teaspoons oil** in same skillet over high. Add **plant-based ground and any marinade**. Cook, breaking up into large pieces, stirring occasionally, until liquid is evaporated and ground is browned and cooked through, about 6 minutes. Stir in **1 tablespoon of the gochujang sauce** (reserve rest for step 5). Transfer ground to a bowl. Wipe out skillet and reserve for step 5.



5. Fry eggs

Heat **2 tablespoons oil** in reserved skillet over high. Crack in **2 large eggs**; season with **salt** and **pepper**. Cook until edges begin to brown, about 1 minute. Cover and cook until whites are set but yolks are still runny. Serve **rice** in bowls topped with **plant-based ground spinach and mushrooms**, and **eggs**. Garnish with **remaining gochujang sauce** and **sesame seeds**.



Enjoy!