



Wonton Stir-Fry with Plant-Based Chicken

& Sugar Snap Peas



under 20min



2 Servings

We love fresh pasta sheets for so many reasons but at the top of the list is its versatility! Here, we use this quick-cooking pasta in a stir-fry by cleverly cutting the sheets into wonton-esque squares. We combine our "wontons" with crisp snap peas and plant-based chicken, then toss it all together in a sweet and savory stir-fry sauce.

What we send

- 8.8 oz lasagna sheets ^{1,2}
- garlic
- 1 oz fresh ginger
- 8 oz pkg plant-based chicken ³
- 4 oz snap peas
- ½ oz toasted sesame oil ⁴
- 2 (3 oz) stir-fry sauce ^{3,2}
- ¼ oz fresh cilantro
- ¼ oz pkt toasted sesame seeds ⁴

What you need

- kosher salt & ground pepper
- neutral oil
- apple cider vinegar (or red wine vinegar)

Tools

- medium saucepan
- medium nonstick skillet

Allergens

Egg (1), Wheat (2), Soy (3), Sesame (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 670kcal, Fat 28g, Carbs 72g, Protein 34g



1. Prep wonton squares

Bring a medium saucepan of **salted water** to a boil.

Halve **lasagna sheets** crosswise. Cut half of the lasagna sheets into 2x2-inch squares (save rest of lasagna sheets for own use). Cover with a damp paper towel to keep from drying out and set aside until step 4.



4. Cook pasta squares

Meanwhile, add **pasta squares** to boiling water and cook, stirring to prevent sticking, until tender, about 2 minutes. Reserve **¼ cup cooking water**, then drain.



THIS IS A CUSTOMIZED RECIPE STEP

We've tailored the instructions below to match your recipe choices. Happy cooking!

2. Prep ingredients

Finely chop **1 teaspoon garlic** and **1 tablespoon peeled ginger**.

Pat **plant-based chicken** dry, then cut into 1-inch pieces. Season all over with **salt** and **pepper**.



5. Finish stir-fry

Heat skillet with **plant chicken** over high. Add **snap peas, pasta squares**, and **1 teaspoon of sesame oil**. Stir-fry until just combined, about 1 minute. Add **all of the stir-fry sauce, reserved cooking water**, and **2 tablespoons vinegar**. Stir-fry until pasta is coated in sauce, 2-3 minutes.



3. Stir-fry plant chicken

Heat **2 tablespoons neutral oil** in a medium nonstick skillet over high until shimmering. Add **plant-based chicken** and cook, stirring once or twice, until browned in spots and warmed through, 3-4 minutes. Add **chopped garlic and ginger** and stir-fry until fragrant, about 1 minute. Remove from heat.



6. Chop cilantro & serve

Coarsely chop **cilantro and stems**. Serve **plant chicken wonton stir-fry** garnished with **sesame seeds** and **chopped cilantro**. Enjoy!