# MARLEY SPOON



# **Mushroom & Spinach Miso Ramen**

with Soft-Boiled Eggs & Furikake

20-30min 2 Servings

A steaming bowl of ramen is pretty much the ultimate warm-you-up-from-theinside dinner, the kind that takes the edge right off any cool-weather chill. This vegetarian version features umami-laden mushrooms, fresh baby spinach, jammy eggs, and a sprinkle of flavorful furikake seasoning. Be sure to time the eggs to that perfect soft-boiled stage for tender, soft yolks that'll add richness to the broth.

#### What we send

- ½ lb mushrooms
- 1 oz fresh ginger
- garlic
- 2 (2½ oz) ramen noodles <sup>2</sup>
- 1 pkt vegetable broth concentrate
- 2 (0.63 oz) miso paste <sup>3</sup>
- 5 oz baby spinach
- ¼ oz furikake 4
- ¼ oz gochugaru flakes

### What you need

- 2 large eggs <sup>1</sup>
- neutral oil
- kosher salt

# Tools

- medium saucepan
- medium pot

#### Cooking tip

Placing the boiled eggs in an ice bath stops the cooking process, preventing them from overcooking. Let them chill for at least 10 minutes before peeling.

#### Allergens

Egg (1), Wheat (2), Soy (3), Sesame (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 300kcal, Fat 18g, Carbs 22g, Protein 16g



# 1. Cook eggs

Fill a medium saucepan with **water**. Bring to a boil, then carefully lower in **2 large eggs** (water should cover eggs by about ½ inch). Cook for 6 minutes. Using a slotted spoon, transfer eggs to a bowl of ice water. Reserve water in saucepan for step 3.



4. Sauté aromatics

Heat **1 tablespoon oil** in a medium pot over medium-high. Add **mushrooms** and cook, stirring occasionally, until browned and any liquid is evaporated, 6-7 minutes. Add **chopped garlic and ginger** and cook, stirring, until fragrant, about 1 minute more.



2. Prep veggies & chili oil

Trim stem ends from **mushrooms**, then thinly slice caps. Peel and finely chop **half of the ginger** and **2 teaspoons garlic**.

In a small bowl, stir to combine **1 teaspoon gochugaru flakes** (reserve rest for step 5) and **1 teaspoon oil**.



3. Cook noodles

Return saucepan with **water** to a boil over high heat. Add **noodles**; cook, stirring occasionally, until al dente and noodles come apart, about 2 minutes. Drain noodles.



5. Simmer broth

Add **broth concentrate, 4 cups water**, and **1 teaspoon salt**; bring to a boil. Cover and simmer until flavors meld, 5 minutes. Off heat, whisk in **remaining gochugaru flakes** and **miso**.



6. Finish & serve

Peel and halve **eggs** lengthwise. Add **spinach** to **broth** and stir until wilted. Season to taste with **salt**.

Serve **noodles** with **soup**, **vegetables**, and **egg** over top. Garnish with **furikake** and **chili oil**, as desired. Enjoy!