MARLEY SPOON



Tandoori Impossible Burger

with Raita & Tomato Salad





No grill or grill pan, no problem! Preheat broiler with a rack in the top position. Transfer burgers to a rimmed baking sheet and broil on top oven rack until well browned and cooked through, about 3 minutes per side. Broil buns directly on top oven rack until warm and toasted, about 1 minute. (Watch closely as broilers vary.)

What we send

- 1 red onion
- 1 cucumber
- 1/4 oz fresh cilantro
- ½ lb pkg Impossible patties 1
- ¼ oz tandoori spice
- 1 lime
- 4 oz Greek yogurt ²
- 2 potato buns ^{2,3,4}
- 2 plum tomatoes

What you need

- kosher salt & ground pepper
- sugar
- · olive oil

Tools

· grill or grill pan

Allergens

Soy (1), Milk (2), Sesame (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 640kcal, Fat 31g, Carbs 58g, Protein 34g



1. Prep ingredients

Halve and finely chop **half of the onion**, then thinly slice the remaining half. Core **tomatoes**, then cut into ½-inch pieces. Trim ends from **cucumbers** (peel, if desired), then thinly slice half into rounds; finely chop remaining cucumber. Pick **cilantro leaves** from **stems**; finely chop stems, and coarsely chop leaves, keeping them separate.



2. Make burgers

In a medium bowl, combine plant-based ground, cilantro stems, finely chopped onions, 1½ teaspoons tandoori spice blend, and several grinds of pepper.

Knead gently to combine and form into 2 (4-inch) patties.



3. Make tomato salad

Squeeze about 2 tablespoons lime juice into a second medium bowl. Add tomatoes, sliced cucumbers, sliced onions, chopped cilantro leaves, and 2 tablespoons oil. Toss to combine and season to taste with salt and pepper. Set aside until ready to serve.



4. Grill burgers

Heat a grill or grill pan to medium-high. Brush grill lightly with **oil**. Add **burgers** to grill or grill pan and cook, flipping once, until well browned and heated through, about 4 minutes per side.

(See front of recipe card for broiler cooking instructions.)



5. Grill buns

Split **buns** in half and transfer to grill or grill pan. Toast until golden, about 30 seconds-1 minute per side (watch closely).



6. Finish & serve

In a third medium bowl, combine yogurt, chopped cucumbers, and 1 teaspoon oil; season to taste with salt and pepper. Serve burgers on buns topped with a dollop of the yogurt sauce. Serve tomato salad and remaining yogurt sauce alongside. Enjoy!