



## Mushroom Ragù with Parmesan & Roasted Broccoli

 20-30min  2 Servings

Well, we pulled it off: all of the rich comforts of a meat ragù with no meat at all. Mushrooms simmered in whole peeled tomatoes smells as divine as it tastes. Served over spiraled pasta, this is pure comfort in a bowl. Don't forget your daily dose of veggies with a simple side of crisp roasted broccoli.

## What we send

- 1 yellow onion
- ½ lb mushrooms
- garlic
- ¾ oz Parmesan <sup>7</sup>
- ½ lb broccoli
- 6 oz pasta <sup>1</sup>
- ¼ oz Tuscan spice blend
- 14½ oz can whole peeled tomatoes

## What you need

- kosher salt & ground pepper
- olive oil
- butter <sup>7</sup>

## Tools

- medium pot
- microplane or grater
- rimmed baking sheet
- large skillet

## Allergens

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

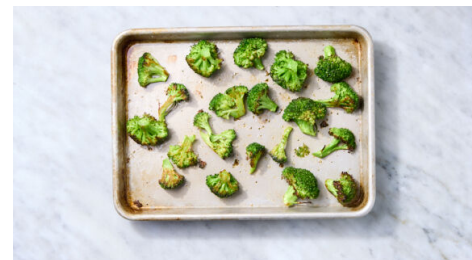
Calories 810kcal, Fat 39g, Carbs 98g, Protein 24g



### 1. Prepare ingredients

Preheat oven to 425°F with a rack in the upper third. Bring a medium pot of **salted water** to a boil.

Finely chop **onion**. Trim and discard stems from **mushrooms**, then quarter. Finely chop **2 large garlic cloves**. Finely grate **Parmesan**, if necessary.



### 2. Roast broccoli

Cut **broccoli** into 2-inch florets, if necessary. Toss with **1 tablespoon oil** on a rimmed baking sheet; season to taste with **salt** and **pepper**. Roast on upper rack, flipping halfway through, until tender and browned, 15-17 minutes.



### 3. Sauté vegetables

Meanwhile, heat **2 tablespoons oil** in a large skillet over medium-high. Add **mushrooms** to skillet with **a pinch of salt** and sauté, stirring occasionally, until mushrooms are tender and cooked down to about half their size, 8-10 minutes.

Add **pasta** to boiling water, stirring occasionally until al dente, 8-9 minutes. Reserve **½ cup pasta water** and drain pasta.



### 4. Finish ragù

Lower skillet to medium heat. Add **onion**, **a pinch of salt**, and **several grinds pepper**. Sauté until tender, 4 minutes. Stir in **garlic** and **2 teaspoons Tuscan spice** and cook, stirring until fragrant, 30-60 seconds.

Stir in **tomatoes**, crushing tomatoes with the back of a spoon. Simmer, stirring occasionally until sauce is thickened, about 4-5 minutes.



### 5. Finish & serve

Remove from heat and add **pasta**. Stir in **1 tablespoon cold butter**, **¼ cup reserved pasta water**, and **all of the Parmesan** until combined. Season to taste with **salt** and **pepper**.

Serve **mushroom ragù** alongside **roasted broccoli**. Enjoy!



### 6. Rate your plate!

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