# **DINNERLY**



# Low-Carb Vegetarian Cobb Salad

with Corn & Mushroom "Bacon"





We love our veggies! And we definitely don't think meat-eaters should have all the bacon fun. So we took the umami-bomb of the plant world mushrooms—and turned it into crispy, bacon-like bites that top this vegetarian version of a Cobb salad. We've got you covered!

#### **WHAT WE SEND**

- 1 cucumber
- · 1 plum tomato
- 1 romaine heart
- 5 oz corn
- 4 oz mushrooms
- · 2 oz feta 7

#### WHAT YOU NEED

- · 2 large eggs <sup>3</sup>
- olive oil
- kosher salt & ground pepper
- white wine vinegar (or apple cider vinegar) <sup>17</sup>

#### **TOOLS**

- · small saucepan
- rimmed baking sheet

#### **ALLERGENS**

Egg (3), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### NUTRITION PER SERVING

Calories 520kcal, Fat 40g, Carbs 30g, Protein 16g



## 1. Hard boil eggs

Preheat oven to 425°F with a rack in the upper third.

Place 2 large eggs in a small saucepan. Add enough water to cover by 1 inch. Bring to a boil, cover, and remove from heat; let cook until eggs are set, about 10 minutes. Using a slotted spoon, remove from saucepan and place in a bowl of ice water until step 5.



### 2. Roast mushroom "bacon"

While eggs cook, discard stems from mushrooms, then thinly slice caps. On a rimmed baking sheet, toss with 2 tablespoons oil, ½ teaspoon salt, and a few grinds of pepper. Roast on upper oven rack until deep golden-brown and begin to crisp, 10–15 minutes. Transfer to a plate; reserve baking sheet for step 4.



## 3. Prep veggies

Trim ends from **cucumber** (peel if desired) and cut into ¼-inch pieces.

Cut tomato into 1/2-inch pieces.

Trim ends from **lettuce**, then tear into bitesize pieces (about 8 cups, loosely packed). Set veggies aside until ready to serve.



### 4. Broil corn

Switch oven to broil. On reserved baking sheet, toss **corn** with **a drizzle of oil** and **a pinch each of salt and pepper**. Broil on upper oven rack until browned in spots, 2–3 minutes (watch closely as broilers vary).



## 5. Finish & serve

Once **eggs** are cool, remove shells and slice crosswise into ¼-inch rounds.

In a large bowl, combine 1 tablespoon vinegar and 2 tablespoons oil; season to taste with salt and pepper. Add lettuce and toss to coat.

Top dressed lettuce with tomatoes, cucumbers, eggs, corn, mushroom "bacon", and crumbled feta. Enjoy!



## 6. Take it to the sea!

Not so worried about keeping it veggie? Grill some succulent shrimp or poach a piece of salmon for a protein-packed topper.