

DINNERLY



Buffalo Falafel Burger with Roasted Broccoli



30-40min



2 Servings

So you can't decide if you want Buffalo wings, falafel, or a burger for dinner. Well, we think you deserve everything you want, so we're giving you all three! We're talking falafel patties brushed with Buffalo sauce, plus some mayo, lettuce, and pickles thrown into the mix. Add a side of roasted broccoli for a veggie burger that satisfies all the cravings. We've got you **223** covered!

WHAT WE SEND

- 1 lb broccoli
- 1 romaine heart
- 1 oz Buffalo sauce
- 2 potato buns ^{2,3,4}
- ½ lb pkg falafel
- ¾ oz dill pickles

WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper
- butter ³
- apple cider vinegar (or white wine vinegar)
- mayonnaise ¹

TOOLS

- rimmed baking sheet
- microwave
- medium skillet

COOKING TIP

No microwave? Heat the Buffalo sauce and butter in a small saucepan on the stovetop instead.

ALLERGENS

Egg (1), Wheat (2), Milk (3), Sesame (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 820kcal, Fat 54g, Carbs 70g, Protein 22g



1. BROCCOLI VARIATION

Preheat oven to 450°F with a rack in the upper third.

Cut **broccoli** into 1-inch florets, if necessary. On a rimmed baking sheet, toss broccoli with 1½ **tablespoons oil**; season with **salt** and **pepper**. Roast on upper oven rack until well browned and crisp-tender, 10–12 minutes. Remove baking sheet from oven and tent with foil to keep warm.



2. Prep lettuce & sauce

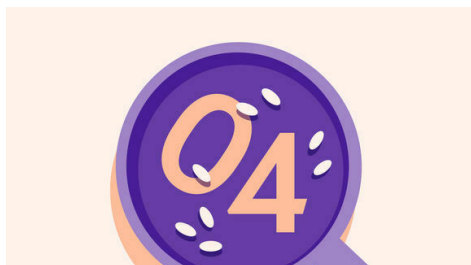
While **broccoli** cooks, halve **lettuce** lengthwise, then thinly slice half crosswise (save rest for own use); discard stem end. Transfer to a medium bowl.

Add **Buffalo sauce** and 1 **tablespoon butter** to a small microwave-safe bowl; microwave until melted, 30–60 seconds. Stir to combine and set aside until step 5.



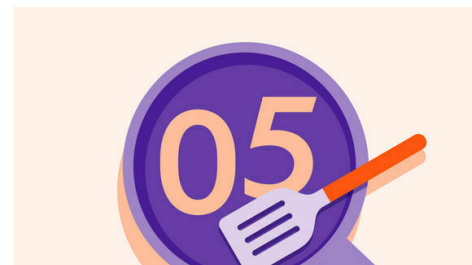
3. Toast buns

Heat 1 **tablespoon butter** in a medium skillet over medium until foaming. Add **buns**, cut-side down, and toast until lightly browned, 1–2 minutes. Set aside until step 5; wipe out skillet.



4. Fry falafel patties

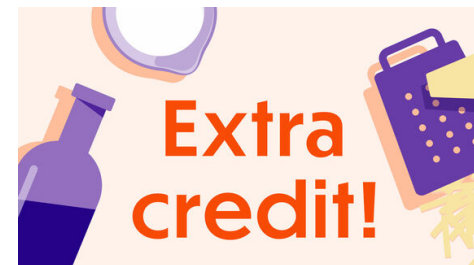
Form **falafel** into 2 patties. Heat ¼-inch oil in same skillet over medium-high until shimmering. Add patties (it should sizzle vigorously); lower heat to medium and fry until browned and crispy, 5–6 minutes per side. Transfer to a paper towel-lined plate and season with **salt** and **pepper**.



5. Finish & serve

To bowl with **lettuce**, add 1 **teaspoon mayo** and ½ **teaspoon vinegar**; toss to combine. Season to taste with **salt** and **pepper**. Brush both sides of **patties** with **Buffalo sauce**. Spread **mayo** on **toasted buns**.

Top buns with **pickles**, **falafel patties**, and **shredded lettuce**. Serve **Buffalo falafel burger** with **broccoli** alongside. Enjoy!



6. Check us out!

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