

# DINNERLY

## Halal Chickpea bowl

with Basmati Rice



2 Servings

### WHAT WE SEND

- 15 oz can chickpeas
- 5 oz basmati rice
- ¼ oz gyro spice
- 1 plum tomato
- 1 red onion
- ¼ oz fresh mint
- 1 lemon
- 1 oz sour cream<sup>1</sup>

### WHAT YOU NEED

- garlic
- olive oil
- red wine vinegar (or white wine vinegar)

### TOOLS

#### ALLERGENS

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### NUTRITION PER SERVING

Calories 0kcal



Extra credit!