# MARLEY SPOON



# **Spinach Artichoke Spaghetti**

with Parmesan & Garlicky Breadcrumbs





This bright, veggie forward pasta will satisfy your need for greens with delicious simplicity. Tender artichokes and their brine brings a mild sweetness to a zippy sauce with lemon zest and juice. Parmesan and butter add creaminess, while spinach wilts into the silky pasta. Panko and granulated garlic combine to create crunchy, garlicy breadcrumbs, the perfect garnish for delightful texture atop the 102 silky strands of spaghetti.

### What we send

- 14 oz can artichokes
- ¼ oz fresh parsley
- 1 lemon
- ¾ oz Parmesan <sup>1</sup>
- 1 oz panko <sup>2</sup>
- ¼ oz granulated garlic
- 6 oz spaghetti <sup>2</sup>
- 5 oz baby spinach
- 1 pkt crushed red pepper

## What you need

- kosher salt & ground pepper
- olive oil
- butter, chilled <sup>1</sup>

#### **Tools**

- large pot
- · microplane or grater
- medium skillet

#### **Cooking tip**

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#### **Allergens**

Milk (1), Wheat (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 780kcal, Fat 40g, Carbs 86g, Protein 20g



# 1. Prep ingredients

Bring a large pot of **salted water** to a boil. Drain **artichokes**, reserving <sup>1</sup>/<sub>3</sub> **cup brine**, then quarter, if necessary; pat dry.

Coarsely chop **parsley leaves and stems**. Zest **half of the lemon**, then cut into 8 wedges. Grate **Parmesan**.



## 2. Toast breadcrumbs

Heat **2 tablespoons oil** in a medium skillet over medium-high. Add **panko** and cook, stirring frequently, until golden brown and crisp, 2-4 minutes. Remove from heat and stir in ½ **teaspoon granulated garlic**. Transfer to a plate and season with **salt** and **pepper**; reserve skillet.



## 3. Cook pasta

Add **spaghetti** to pot of boiling water and cook until almost al dente, about 7 minutes. Reserve ½ **cup pasta water** and drain pasta. Toss spaghetti with **a drizzle of olive oil** to prevent sticking.



### 4. Brown artichokes

Heat **1 tablespoon oil** in same skillet over high. Add **artichokes**, stirring, until browned in spots, about 1-3 minutes. Transfer to a plate. Return skillet to medium heat.

Add spaghetti, artichoke brine, lemon zest, half of the parsley, ½ cup cooking water, 1 tablespoon oil, and ¼ teaspoon granulated garlic; cook, tossing to coat, until sauce is slightly thickened, 1-2 minutes.



5. Finish pasta

Remove skillet from heat; stir in half of the Parmesan, juice from 1 lemon wedge, and 1 tablespoon cold butter until cheese is melted and sauce is opaque. Season to taste with salt and pepper. Stir in artichoke hearts and spinach until spinach is wilted. Add more cooking water, one tablespoon at a time, as needed, for desired consistency.



6. Finish & serve

Top with garlic breadcrumbs, remaining Parmesan and parsley, and crushed red pepper, if desired. Enjoy!