# MARLEY SPOON



# **Cheesy Cauliflower Bake**

& Spinach Salad with Orange Vinaigrette

) 30-40min 🛛 💥 2 Servings

Cauliflower is having a moment, and we're totally here for it. We especially love cauliflower when it's roasted, which gives it a deep, sweet, caramelized flavor. Here, roasted cauliflower is mixed with a creamy cheese sauce, and baked until bubbly and golden. We serve the luxe dish with a tender baby spinach salad, tossed in a bright, orange vinaigrette to cut the richness. The result? Ah-MAZE-ing!

### What we send

- 1 head cauliflower
- 1 oz roasted almonds <sup>2</sup>
- 1 orange
- 2 oz shredded cheddar-jack blend <sup>1</sup>
- 5 oz baby spinach
- ¾ oz Parmesan <sup>1</sup>

### What you need

- olive oil
- kosher salt & ground pepper
- butter <sup>1</sup>
- all-purpose flour (or glutenfree alternative)
- 1 c milk <sup>1</sup>
- white wine vinegar (or apple cider vinegar)
- sugar

## Tools

- rimmed baking sheet
- microplane or grater
- medium ovenproof skillet

#### Allergens

Milk (1), Tree Nuts (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 550kcal, Fat 42g, Carbs 25g, Protein 24g



1. Prep cauliflower

4. Make cheese sauce

Finely grate **Parmesan**, if necessary.

ovenproof skillet over medium-high.

Whisk in **1 tablespoon flour** until

with salt and pepper.

Melt 1 tablespoon butter in a medium

smooth. Slowly whisk in 1 cup milk. Cook,

whisking constantly, until sauce is thick

enough to coat the back of a spoon, 3-4

minutes. Off the heat, whisk in **cheddarjack cheese** until melted. Season to taste

Preheat oven to  $450^\circ\mathrm{F}$  with a rack in the upper third.

Trim end from **cauliflower**, then cut crowns into 1-inch florets.



2. Roast cauliflower

On a rimmed baking sheet, toss **cauliflower** with **2 teaspoons oil**; season with **salt** and **pepper**.

Roast cauliflower on upper oven rack until tender and browned in spots, about 15 minutes.



3. Prep salad

Coarsely chop **almonds**. Finely grate **1 teaspoon orange zest**. Remove peel from **orange**, then cut fruit crosswise into thin slices.



5. Finish cauliflower

Switch oven to broil.

Add **roasted cauliflower** to skillet with **cheese sauce**; stir to coat completely. Top with **Parmesan**.

Broil skillet on upper oven rack until bubbly and browned in spots, 1-3 minutes (watch closely as broilers vary).



6. Make dressing & serve

In a medium bowl, whisk to combine orange zest, 1 tablespoon each of oil and vinegar, and a pinch of sugar; season to taste with salt and pepper. Add spinach to bowl and toss to combine. Top salad with chopped almonds and orange slices.

Serve **cheesy cauliflower bake** with **salad** alongside. Enjoy!