# **DINNERLY**



# Low-Carb Flying Dutchman Impossible Burger

with Special Sauce & Romaine Salad

30-40min 2 Servings

Have you ever heard of a more fun name for a burger? Neither have we. We've got you covered!

### **WHAT WE SEND**

- 1 yellow onion
- · 1 romaine heart
- 1 plum tomato
- 31/4 oz dill pickles
- ½ lb pkg Impossible patties
- ¼ oz Dijon mustard
- 2 oz shredded cheddarjack blend<sup>2</sup>
- 1 oz mayonnaise 1,3

### WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- ketchup

### **TOOLS**

· large nonstick skillet

### **ALLERGENS**

Egg (1), Milk (2), Soy (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### **NUTRITION PER SERVING**

Calories 640kcal, Fat 46g, Carbs 30g, Protein 30g



# 1. Prep ingredients

Trim ends from **onion** and peel off outer skin. Cut into ½-inch thick slices, keeping rings intact and ensuring that you have 4 slices total.

Thinly slice **romaine**. Cut **tomato** into  $\frac{1}{2}$ -inch pieces. Finely chop **half of the pickles**.



### 2. IMPOSSIBLE VARIATION

Shape each Impossible patty into a ½-inch thick patty. Season all over with salt and pepper. Divide half of the mustard between patties and brush into a thin layer on 1 side of each patty.



3. Cook onion "buns"

Heat 2 tablespoons oil in a large nonstick skillet over medium-high. Add onion slabs and cook until deeply browned on the bottom, 4–6 minutes. Gently flip, keeping rings intact, and sprinkle 1 tablespoon of cheese onto the top of each onion slab. Continue cooking until the bottom is deeply golden brown. Transfer onions to a cutting board, cheese side up.



# 4. Cook burgers

Add burgers to same skillet, mustard side up. Cook until browned on bottom, 2–3 minutes. Flip and cook until browned on the other side, 1–3 minutes more. Divide remaining cheese between the patties.



5. Finish & serve

Sandwich the burgers between the onions, as if the onions are the buns. In a small bowl, stir together mayonnaise, chopped pickles, remaining mustard, and 2 tablespoons ketchup. Season to taste with salt and pepper. Serve burgers and salad alongside special sauce and remaining pickles.



6. Check us out!

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