

# DINNERLY



## Thanksgiving! Low-Carb Roasted Cauliflower

with Raisin-Caper Salsa & Arugula Salad



40-50min



2 Servings

Roasted cauliflower is already great on its own, but when it's smothered in a raisin-caper salsa? It's sweet. It's tart. It's ready to take center stage on your Thanksgiving table. We've got you covered!

## WHAT WE SEND

- 1 head cauliflower
- 1 oz golden raisins
- 1 orange
- 1 oz capers
- ¼ oz fresh parsley
- 1 bag arugula

## WHAT YOU NEED

- olive oil
- kosher salt & ground pepper
- white wine vinegar (or red wine vinegar)
- sugar
- garlic

## TOOLS

- rimmed baking sheet
- small saucepan
- microplane or grater

## ALLERGENS

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 520kcal, Fat 42g, Carbs 33g, Protein 9g

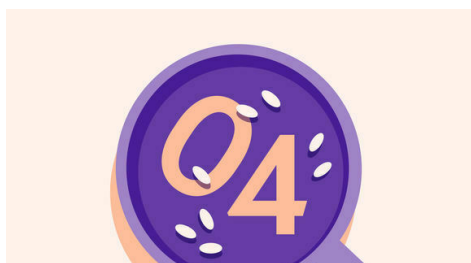


### 1. Prep & roast cauliflower

Preheat oven to 450°F with a rack in the lower third.

Trim stem end from cauliflower and halve through the core; cut each half into 3 wedges (6 total). Toss on a rimmed baking sheet with **2 tablespoons oil**; season with **salt** and **pepper** (it's okay if wedges break apart).

Roast on lower oven rack until tender and deeply browned, flipping halfway through cooking time, 30–35 minutes.



### 4. Finish & serve

Remove peel and pith from **orange**; cut into quarters, then cut crosswise into ¼-inch thick slices. In a large bowl, toss **arugula** with **orange slices**, **2 teaspoons oil**, and **1 teaspoon vinegar**; lightly season with **salt** and **pepper**.

Serve **roasted cauliflower** topped with **raisin-caper salsa** and with **arugula orange salad** alongside. Enjoy!



### 2. Prep salsa

Meanwhile, place **raisins** in a small bowl. In a small saucepan, bring **1 tablespoon each of vinegar and water** and **1 teaspoon sugar** to a boil; pour over raisins. Set aside until raisins have plumped, about 10 minutes. Wipe out saucepan.

Finely chop **1 tablespoon garlic**. Finely grate **1 tablespoon orange zest**. Coarsely chop **capers**. Finely chop **parsley leaves and stems**.



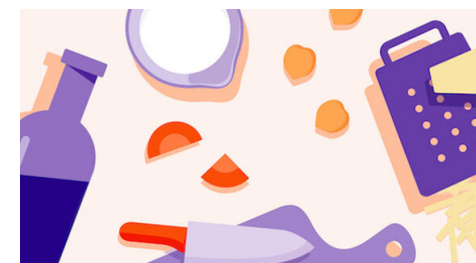
### 5. ...

What were you expecting, more steps?



### 3. Make salsa

In same saucepan over medium heat, stir to combine **chopped garlic**, **capers**, and **3 tablespoons oil**; cook, stirring occasionally, until garlic and capers are just beginning to brown, 2–3 minutes. Remove from heat, then immediately stir in **raisin-vinegar mixture**, **orange zest**, **parsley**, and ½ **teaspoon salt**. Let cool to room temperature.



### 6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!