DINNERLY



Buffalo Cauliflower with Wedge Salad & Ranch Dressing



30-40min 2 Servings



New Years resolutions are cool, but we prefer piles of oven-fried cauliflower coated in Buffalo sauce and served up with crunchy romaine salad drizzled with cool ranch dressing. We've got you covered!

WHAT WE SEND

- 1½ lbs cauliflower
- · 2 oz Buffalo sauce
- 1 romaine heart
- · 2 pkts ranch dressing 3,2,4

WHAT YOU NEED

- · all-purpose flour 1
- kosher salt & ground pepper
- neutral oil, such as vegetable
- butter ²

TOOLS

- · rimmed baking sheet
- small skillet

ALLERGENS

Wheat (1), Milk (2), Egg (3), Soy (4). May contain traces of other allergens.

Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 440kcal, Fat 13g, Carbs 69g, Protein 11g



1. Prep ingredients

Preheat oven to 450°F with a rimmed baking sheet placed in the upper third. Trim leaves from **cauliflower**, then cut through the stem into 1-inch florets.



2. Batter cauliflower

In a large bowl, combine ½ cup flour, ½ cup water, and a generous pinch each salt and pepper; whisk until smooth. Add cauliflower to bowl and toss to coat in batter.



3. Bake cauliflower

Generously drizzle preheated baking sheet with oil. Spread cauliflower in a single layer on baking sheet. Bake on upper oven rack until golden brown, 15–18 minutes.



4. Sauce cauliflower

Meanwhile, melt 2 tablespoons butter in a small skillet over medium-high. Remove from heat and whisk in Buffalo sauce.
Once cauliflower has baked about 15 minutes, pour sauce over and carefully toss to coat directly on baking sheet.
Return cauliflower to upper oven rack and bake until crispy, 8–10 minutes (watch closely as ovens vary).



5. Make salad & serve

Trim end from romaine, then halve lengthwise. Cut each half lengthwise into wedges and arrange on plates. Drizzle some of the ranch dressing over romaine wedges. Serve with Buffalo cauliflower alongside and remaining ranch dressing for dipping. Enjoy!



6. Carbo load!

Make this Dinnerly a slam dunk with oven fries to alternate dunking in your ranch. Cut a russet potato into ½-inch wedges. On a rimmed baking sheet, toss potatoes with 2 tablespoons oil and a generous pinch each salt and pepper; spread into an even layer. Roast on lower rack without stirring, until golden and crisp, about 25 minutes.