DINNERLY



Black Bean & Cheese Tamale Pie with Cornbread Crust



20-30min 2 Servings



Tamales are really fun to eat, but not all always fun to make. That is, unless you're feeling energetic and have some serious time on your hands - which, on a weeknight, is the opposite of us. Enter this loaded skillet bake with a rich, savory black bean filling and cheesy cornmeal "crust" that's sure to give you all the tamale feels, without all the work. We've got you covered!

WHAT WE SEND

- garlic
- 1 oz scallions
- 1 can whole peeled tomatoes
- · 2 pieces cheddar 7
- · 1 can black beans
- taco seasoning (use 2½ tsp)
- 3½ oz unsweetened cornbread mix¹

WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper
- sugar

TOOLS

- · fine-mesh sieve
- medium ovenproof skillet

ALLERGENS

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 620kcal, Fat 25g, Carbs 81g, Proteins 19g



1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Finely chop 1 teaspoon garlic. Trim scallions, then thinly slice on an angle, keeping dark greens separate. Using kitchen shears, cut tomatoes in the can until finely chopped. Finely chop or coarsely grate all of the cheddar. Drain and rinse beans.



2. Cook beans

Heat 1 tablespoon oil in a medium ovenproof skillet over medium-high. Add chopped garlic and scallion whites and light greens; cook, stirring, until fragrant, about 1 minute. Add beans, tomatoes, 2½ teaspoons taco seasoning, and a few grinds of pepper. Bring to a boil and cook until liquid is slightly reduced, 2–3 minutes. Remove from heat and cover to keep warm.



3. Prep cornbread topping

In a medium bowl, whisk to combine cornbread mix,1tablespoon sugar, and ½ teaspoon salt. Whisk in 1tablespoon oil and ½ cup water (mixture will be runny).



4. Assemble & bake pie

Pour cornbread mixture evenly over beans (it doesn't need to go all the way to the edge). Transfer skillet to upper oven rack and bake until cornbread is set, about 10 minutes.



5. Finish & serve

Remove skillet from oven and switch oven to broil. Sprinkle cheddar evenly over cornbread crust. Broil on upper oven rack until crust is browned and cheese is melted, 1–3 minutes (watch closely as broilers vary). Garnish black bean and cheese tamale pie with dark scallion greens. Enjoy!



6. Take it to the next level

Top the tamale pie with hot sauce, guacamole, or even some chopped pickled jalapeños.